



The Belly Dance Chronicles

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The Belly Dance Chronicles Magazine Staff thank all of our readers and contributors for your support for the past 20 plus years!

The BDC Magazine, as a part of the Isis Foundation, focused on educating and enhancing the art of Mid-Eastern Dance and Music and we hope to continue to hear from those whose opinions and references mean so much to our community.

We would like to share this master list of all issues of The BDC, from our most recent 2023 issue to our very first edition in 2003. Copy availability is listed for each issue, along with the contents, so that you can more easily search for a specific author or topic.

Thank you, again, for your support - we simply couldn't have done it without you!

2023



JANUARY 2023

Sahlala - Past, Present, and Future of one of America's premier International Dance Companies - by Tori King

SPECIAL ACHIEVEMENT AWARD presented to Jillina Carlano

Are you an ICON? What makes an ICON? - by Ma*Shuqa Mira Murjan

Why do I write? Can anyone be a thought leader? - by Ma*Shuqa Mira Murjan

Spotlight on Invaders of the Heart 2023: The Radiant Tarot - by Tori King

Meeting at a Distance - by Columbia Strawberry Cunha

Refresh, Reclaim, Rebuild - by Stasha Vlasuk

2022 Yalla Raqs the Palace - Yellow Rose of Texas Competition Winners - photos by Tammye Nash
Dinner Showcase at the Sheridan Market (Seattle) WA & Night in the Global Village - Live from Spokane (WA)
- review by Nizana

"Safar" - CD Review - by Ma*Shuqa Mira Murjan

Beaucoup de Bellies - photos by Carl F. Sermon

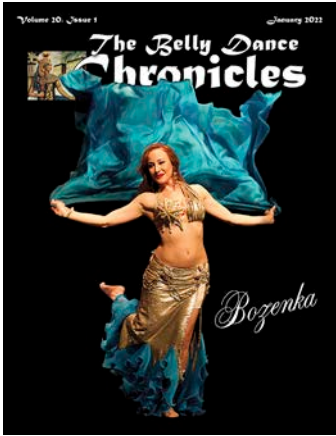
BABDAMA Fall Festival - photos by Carl F. Sermon

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PDF available: www.thebellydancechronicles.com

2022



JANUARY 2022

Bozenka - Interview by Tammye Nash

Culture, heritage, history - Dance: An Interview with Frank Farinaro -
by Tammye Nash

Costume Inspiration: Yvonne De Carlo, Hollywood Harem Girl - by Stasha Vlasuk

IF THE SHOE DOESN'T FIT.....Must we change the foot??? - by Amaya

Preventing & Recovering from Mishaps - by Nizana

Happy New Year - by Bellydancer of the Universe

Overcoming Fear & Stage Fright - by Ma*Shuqa Mira Murjan

BABDAMA 2021 - photos by Carl F. Sermon

Beaucoup de Bellies - Fall 2021 - photos by Carl F. Sermon

The Wings of Isis Halloween Hafla 2021 - photos by Tammye Nash

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MAY 2022

Princess Rajah: striving for authenticity in a sensationalist environment -
by Stasha Vlasuk

Yalla Raqs the Palace - A New Beginning

It's a No Brainer! by Amaya

Part 2 Fifteen Years Later: Healing and Recovery, and Dealing with Self-doubt -
by Ma*Shuqa Mira Murjan

8 Belly Dance Performance Tips to Improve Your Public Speaking Skills -
by Kelli Nottingham

Mask Wearing Made Beautiful - by Ma*Shuqa Mira Murjan

Austin: The story of one studio and a collective community - by Bahaia

What Makes You Happy? How our relationships can help us be happy - by Ma*Shuqa Mira Murjan

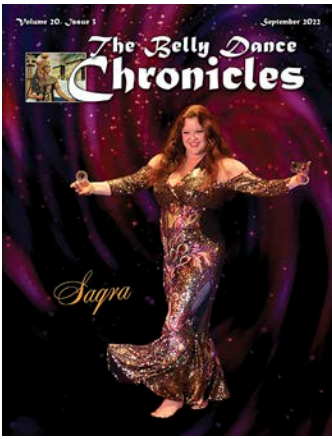
Ode to a Shimmy: Popular Dance and Music in Modern Egypt, by Sherifa Zuhur -
Book Review by Youssef Rakha

Beaucoup de Bellies March 2022 - photos by Carl F. Sermon

Blue Lotus World Dance Company's Sweetheart Hafla - review by Nizana

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SEPTEMBER 2022

Interview with Saqra - by Nizana

Snake Dancing - an ancient tradition in modern performance - by Stasha Vlasuk

Arabic Words Defining Tarab: Essential Elements in Creating Tarab in Performance - by Ma*Shuqa Mira Murjan

10 Things Every Belly Dancer Should Know - by Amaya

Yalla Raqs the Palace - photos by Carl F. Sermon and Tammye Nash

Hot Raqs - photos by Carl F. Sermon

Carnival of Stars - photos by Carl F. Sermon

Cairo ShimmyQuake - photos by Carl F. Sermon

Night in the Global Village 75th Anniversary Online Hafla - review by Nizana

ManiFest Unity Festival - photos by Carl F. Sermon

“Sound of the Sultans” - CD Review - by Ma*Shuqa Mira Murjan

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2021



JANUARY 2021

Aziza - by Ma*Shuqa Mira Murjan

Georges Lammam - Arab Violinist - by Jeanette Cool

Faisal Zedan - by Ma*Shuqa Mira Murjan

Do You ZOOM? - by Amaya

A Friend in Need - by Tammye Nash

Let's Dance Online with Gypsy Flair, “the Fiery Combo that Could!” - by Stasha Vlasuk

Performance Professionalism, Part 8: How to Move on from Mistakes - by Ma*Shuqa Mira Murjan

Preventing Dance Injuries - by Dr. Yamila Cruz

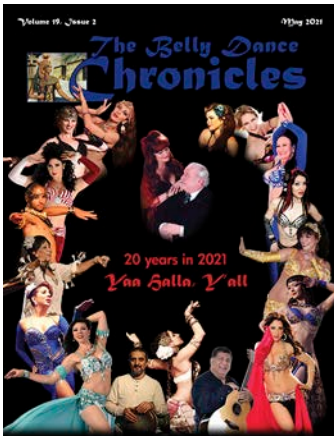
The Averof Restaurant - by Dorothea Rourke O'Regan

Night in the Global Village Online Haflas - review by Nizana

Unveiled - featuring Mal Barsamian on Alto Sax - by The Ed Melikian Ensemble - CD Review - by Ma*Shuqa Mira Murjan

Upcoming Events - Teacher/Performer Directory - Letters To/From the Editor - Masthead / Advertising & Subscription Info
Special Message from The BDC

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MAY 2021

Yaa Halla Y'all: 2001-2019 - photos by Carl F. Sermon, Joe Hill, Julie Adoranti, and Tammye Nash

My Journey Through Belly Dance - by Dorothea L. Rourke-O'Regan

Athenian Corner Restaurant - by Dorothea L. Rourke-O'Regan

What's in a Name? - by Amaya

To Dance - by Dorothea L. Rourke-O'Regan

Performance Professionalism, Part 9: Gait and Its Effect on Body Posture and Dance Movement Quality - by Ma*Shuqa Mira Murjan

Motivation to Dance During Pandemic Times - by Nizana

Core Stabilization: Strengthening Exercises for Posture and Dance - by Ma*Shuqa Mira Murjan

How to Endear Yourself to an Event Producer - by Nizana

Ren Faires are Back! - photos by Scott Fischer, Robert Self, Vance Strickland, Jennifer McCoy, Richard Butts, and Caleb Pickens

Flashback: Rakkasah West 2010 - photos by Carl F. Sermon

Dancing with Life: A Young Woman's Quest for Art, Love, and Freedom - A Travel Memoir by Dhyanis Carniglia
- Book Review - by Ma*Shuqa Mira Murjan

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SEPTEMBER 2021

Kaeshi Chai - interview by Ma*Shuqa Mira Murjan

Helpful Tips and Hints for Dancers - by Nizana

Prepare Smart for Your Performance: Nutrition and Hydration - by Stasha Vlasuk

Dancing Delight - by Dorothea L. Rourke-O'Regan

Seven Core Strengthening Floor Exercises - by Ma*Shuqa Mira Murjan

I had a Talk with My Veil - by Lisa Thomas

Hot Raqs 2021 - photos by Carl F Sermon

Yaa Halla, Y'all – Star Instructors 2021 - photos by Carl F. Sermon

Sirens Fest 2021 - photos by Carl F Sermon

Yaa Halla, Y'all – Yellow Rose of Texas Competition Winners 2021 - photos by Tammye Nash

Raks-ology Self-Paced Study Course in Middle Eastern Music, History and Dance by Jamie Lynne –
Course Review - by Ma*Shuqa Mira Murjan

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JANUARY 2020

Mia Sha'uri - Born to Dance - by Tammye Nash
Wedding Ceremonies in the Maghreb - Part One - by Amel Tafsout

The Bellydance Sisterhood - by Amaya
Let's Talk Technique - by Nizana
Make Me Feel Important - by Nadirah R. Bray

Yaa Halla, Y'all 2019: Stars and Special Guests - photos by Carl F. Sermon
Fahtiem's Oasis Dance Magic - Pictorial - photos by Marvin Hernandez
Why Do I Volunteer? - Austin Belly Dance Convention 2019 - by Rachel Morris
Sirens Fest 2019 - Pictorial - photos by Carl F. Sermon

Hot Raqs 2019 - Pictorial - photos by Carl F. Sermon

The Wings of Isis & Isis Foundation Halloween Hafla 2019 - Pictorial - photos by Cassie Quinn

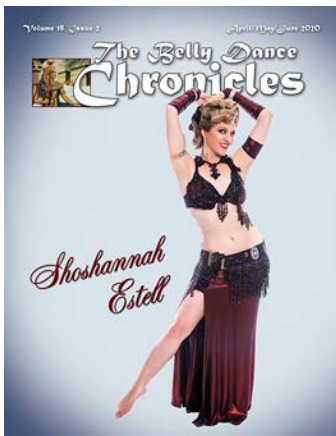
Building Better Balance DVD Series - review by Vanessa

"Samra" Kettler - DVD Review - by Ma*Shuqa Mira Murjan

The Trigger Point Therapy Workbook (Third Edition): Your Self-Treatment Guide for Pain Relief - by Dr. Clair Davies, NCTMB and Amber Davies, CMTPT, LMT - Book Review - by Ma*Shuqa Mira Murjan

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APRIL 2020

An Interview with ShoShannah Estell - by Tammye Nash
An interview with Vince Delgado - by Ma*Shuqa Mira Murjan & Coralie Russo
Wedding Ceremonies in the Maghreb - Part Two - by Amel Tafsout
Dhyanis - A Wild Ride Called Life! - by Ma*Shuqa Mira Murjan

Thoughts - connect the dots - by Fahtiem
Performance Professionalism, Part 5: Essential Dance Elements for a Noteworthy Performance - by Ma*Shuqa Mira Murjan
Go Out & Get More Joy - By Giving it to Others - by Nadirah R. Bray
Amaya - The Prop Queen - by Amaya
Are You Ready to Start Teaching Belly Dance? - by Sara Shrapnell

Yaa Halla, Y'all Photo Sessions with Carl And Ma*Shuqa - by Ma*Shuqa Mira Murjan & Carl F. Sermon
Nod to Culture and Inclusion - by Nizana

Yaa Halla, Y'all 2019: Performance Photos - by Carl F. Sermon

1001 Nights - St. Petersburg, Florida - review by Nizana

Migrations - Austin, Texas - photos by The Dancer's Eye Photography

Ready, Set, DRUM! - by Faisal Zedan, Mike Owens & Andalee - CD Review - by Ma*Shuqa Mira Murjan

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JULY 2020

The Great Escape - by Amaya

Approaching Life During a Pandemic

An Interview with Vince Delgado - Part Two - by Ma*Shuqa Mira Murjan & Coralie Russo

Dalia Carella: Lifetime Achievement Award - Dance & Music Hall of Fame - presented by The Isis Foundation

Pangia - Pat Olson & Denise Mannion - by Ma*Shuqa Mira Murjan

Online Dance Explosion - by Nizana

Just Thinking - by Fahtiem

When Willpower Fails Me - by Lisa Allred

Performance Professionalism, Part 6: How to Improve Performance - by Ma*Shuqa Mira Murjan

Quarantine Clarity - by Anastasia Fotia Kakias

Two Bodies, One Solo - by Michelle Rene

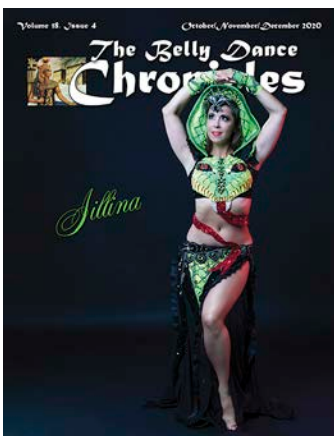
Community in a Time of COVID - by Theresa Sherman

My Experience at Tribal Massive - with photos from The Massive Spectacular! - by Darlina Marie, photos by Yaniv Halfon

Amaya presents American Belly Dance Icons - DVD Review - by Heather Wayman

Cairo Nights, Volume 9 - by Dr. Samy Farag - CD Review - by Ma*Shuqa Mira Murjan

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October 2020

Jillina Carlano's Life Story - by Ma*Shuqa Mira Murjan

AZIZA! A Magical Lady - by Majinga the Magician (Michael Stroud) with Adah (Donna Rose), Zulieka (Sandra Leathley), Malika (Nancy Dyer), Theresea Jade, Stasha Vlasuk, and Markie Parker

How Social are You on Social Media? - by Fahtiem

Dancing in Germany - Living the Dream: My life as a professional dancer and dance teacher - by Ma*Shuqa Mira Murjan

On(and Off)line Belly Dance Etiquette - by Nizana

"Nope, never doing THAT again." An inside view of making a dance documentary - by Amaya

Performance Professionalism, Part 7: 10 Practices of Great Leaders - by Ma*Shuqa Mira Murjan

Focus on Your Passions - by Nadirah R. Bray

From the Stage to Your Living Room! - by Athena

Haflas at Isis Academy of Performing Arts: May-September 2020 - photos by Chrysalis Photography, Gail Dittenber, and Tammye Nash

Cairo Nights, Volume 10 by Dr. Samy Farag - CD Review - by Ma*Shuqa Mira Murjan

1001 Oriental Dance Moves: A practical guide for learning and teaching the basics of Oriental dance by Nataša Kočar - Book Review - by Cennet Seher

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2019



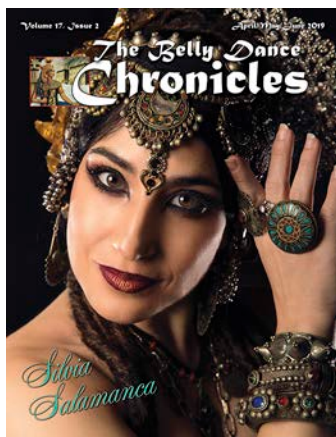
JANUARY 2019

- An Interview with Ansuuya - by Feiruz
- My Trip to Egypt - by Rivkah Sultana
- The Power Within - by Fahtiem
- The importance of Relaxation in Dance and Life - by Margo Abdo O'Dell
- Essential Elements of Competitive Performances: Perspectives of Judges and Coaches - by Ma*Shuqa Mira Murjan
- The Cattle Car Blues - by Amaya
- Are You Reaping What You Sow? Do You Know Where to Look? - by Tess Haranda
- This is Your Brain on Belly Dance - by Nadirah R. Bray
- Mindfulness for Belly Dancing - by Nizana

- Yaa Halla, Y'all 2018 - Pictorial - photos by Carl F. Sermon
- Fahtiem's Oasis Dance Magic 2018 - by Fahtiem, photos by Ruben Portillo, Mikel Mitchell, and Barry Cowles
- Sirens Fest 2018 - Pictorial - photos by Carl F. Sermon
- The Amayamazing Fall Wise Woman Retreat 2018 - by Chris Lehmen Thompson
- Rakassah East 2018 – Pictorial - photos by Carl F. Sermon
- Cairo Nights 7 - Tokyo – Pictorial - photos by Carl F. Sermon
- The Wings of Isis and Isis Foundation's Halloween Hafla 2018 - Pictorial - photos by Tammye Nash

Midnight at the Crossroads - Has belly dance sold its soul? by Alia Thabit - Book Review - by Ma*Shuqa Mira Murjan

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APRIL 2019

- Silvia Salamanca: Helping, Healing, Loving - by Tammye Nash
- An Interview with Sherifa Zuhur, Ph.D. - by Ma*Shuqa Mira Murjan
- She Dances in Beauty - by Amaya
- In The Spotlight: The Triad - by Tammye Nash
- Categories & Definitions - by Fahtiem
- Barriers and Challenges to a Career in Belly Dance - by Ma*Shuqa Mira Murjan
- Balancing Dance Integrity with Love of the Dance - by Nizana
- Performance Professionalism, Part 4: Musical Interpretation Basics & Creating Dynamic Performance - by Ma*Shuqa Mira Murjan
- Turn Your Dance Class into a Thriving Community - by Nadirah R. Bray

- Bellydancer of the Universe Competition Champions - by RS Associates
- Winter Cairo Shimmy 2018 - Pictorial - photos by Carl F. Sermon
- BABDAMA 2018 - Pictorial - photos by Carl F. Sermon
- Isis and The Star Dancers Sweetheart Hafla 2019 - photos by Tammye Nash

The Shape of a Hundred Hips - by Patricia Cumbie - Book Review - by Cennet Seher
Belly Dance Rhythm Resource: What Every Dancer Should Know for a Memorable Performance - by Richard
A. Steiger - Book Review - by Ma*Shuqa Mira Murjan

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JULY 2019

Karen Barbee - Balancing technique with emotion, then taking it all live -
by Tammye Nash

In Memory of Elias Lammam - by Jeanette Cool

The School of Hard Raks: Top Tips to Beat the Barrel Turn - by Jasmin Jahal

Try That Thing! - by Tess Haranda

5 Easy Steps to Becoming a Famous Belly Dancer - by Amaya

Oh Honey, NO! - by Nizana

Everything Happens for a Reason - by Fahtiem

A Saroyan Story - by Mesmera

Glossary of Middle Eastern Music Terminology - by Ma*Shuqa Mira Murjan

Finding Your Super Power - Part 1: Deciding Your Uniqueness - by Terri Allred

Dance Artistry in Oriental Dance - A Delicate Balance - by Ma*Shuqa Mira Murjan

A Simple Practice - by Nadirah R. Bray

Cairo Shimmy Quake 2019: Open Stage - Pictorial - photos by Carl F. Sermon

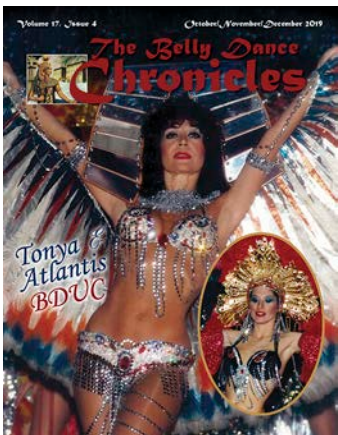
Bay Area Belly 2019 - Pictorial - photos by Carl F. Sermon

Rakkasah West 2019 - Pictorial - photos by Carl F. Sermon

Cairo Nights Vol. 8 Modern Egyptian Dance Music – by Dr. Samy Farag - CD Review -
by Ma*Shuqa Mira Murjan

Raq Steady: Greatest Hits Vol. 1 - by Casey Bond - CD Review - by Ma*Shuqa Mira Murjan

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OCTOBER 2019

The 30th Annual Global BDUC Rockets Into the Future - by Marta Schill
Hossam Ramzy

Community - by Tess Haranda

In the Spotlight: Pomegranate Vibrato - by Tammye Nash

Finding Your Super Power - Part 2: The journey to Creating Your Own Voice -
by Terri Allred

Shout Out to the Bay Area - by Nizana

Diamonds in the Sky - by Fahtiem

A Photographer's Dream: Spending my summer vacation with my belly dance family - by Tammye Nash
Save the Last Dance for Me - by Amaya
Introduction to Turkish Maqamat and Taqsim - by Ma*Shuqa Mira Murjan

Yaa Halla, Y'all 2019: Yellow Rose of Texas Belly Dance Star Competition Winners - Pictorial -
photos by Carl F. Sermon

Cairo Shimmy Quake 2019: Friday - Pictorial - photos by Carl F. Sermon

Mendocino Middle Eastern Music & Dance Camp 2019 - by Ma*Shuqa Mira Murjan and by Carl F. Sermon

Chicago's Shimmyfest Takes Its Final Bow - by Cheryl Jefferson

Cairo Shimmy Quake 2019: Gala Show - Pictorial - photos by Carl F. Sermon

AdiraHafla - review by Nizana

Carnival of Stars 2019 - Pictorial - photos by Carl F. Sermon

Isis' Studios Summer Hafla 2019 - Pictorial - photos by Tammye Nash

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2018



JANUARY 2018

Arielle - by Tammye Nash
In Memory of Jamila Salimpour

Food for Thought - by Fahtiem

Spotlight on Aalim Bellydance Academy & Aalim Najim - by Tammye Nash

The School of Hard Raks - Y'alla or not to Y'alla, that is the Question -
by Jasmin Jahal

Changes and Choices - by Tess Haranda

Mizmar Magic...NOT!- by Amaya

Know Your Venue and Be Flexible - by Nizana

You Can Win Without Tricks - Signature Styling Creates the Wow -
by Ma*Shuqa Mira Murjan

How I Created a Recording of My Egyptian Nightclub Music - by Judy Reda

Austin Belly Dance Convention 2017 - review by Stella Marroquin

Power Surge! Chicago Shimmyfest 2017 - review by Cheryl Jefferson

Fantasm - Odyssey of Dreams - Pictorial - photos by Carl F. Sermon

BABDAMA 2017 – Pictorial - photos by Carl F. Sermon

Rakkasah East 2017 – Pictorial - photos by Carl F. Sermon

Isis Academy of Performing Arts Christmas Hafla 2017 - photos by Cassie Quinn, Tammye Nash,
& Gail Dittenber

Cairo Nights - Volume 6 - produced by Dr. Samy Farag, Sphinx Music - CD Review - by Ma*Shuqa Mira Murjan

Opus Omnia - by Georges Lammam - CD Review - by Ma*Shuqa Mira Murjan

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APRIL 2018

Carl Sermon & Ma*Shuqa Mira Murjan - by Chris Hilbert

Stay Gold - On Facing Disaster or How Dancers Can Heal the World - by Diana Soto

The Five Rules in Costuming - by Amaya

The School of Hard Raks - Wonderful Ways to Market Yourself - by Jasmin Jahal

The Good Old Days? - by Fahtiem

Are You Assuming and Presuming? - by Tess Haranda

Ten Points of Advice on Turning Without Getting Dizzy - by Nicole McLaren

Getting an Artist's License to Dance in Cairo - 1978 (Early Experiences) - by Judy Reda

Coastal Belly Fest 2017 - Pictorial - photos by Carl F. Sermon

Direct from the Master - The moves that say contemporary Egyptian Oriental Dance - review by Habiba

Sirens Fest 2017 - Pictorial - photos by Carl F. Sermon

Dialogue of Music - The National Arab Orchestra in San Antonio, TX! - review by Karen Barbee Adkisson

13th Annual Hawaii Belly Dance Convention - review by Nizana

Dances for the Winter moon 2018 - Pictorial - photos by Carl F. Sermon

The Wings of Isis Annual Hafla 2018 - Pictorial - photos by Cassie Quinn

Magical Motion - by Denis K and At ea - CD Review - by Ma*Shuqa Mira Murjan

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JULY 2018

A Life of Fascination: Remembering Jamila Salimpour - by Abigail Keyes

In Memoriam - Shukriya Devine - by Ma*Shuqa Mira Murjan

The Tantalizing Tale of Bal Anat

The Constant Evolution of Who We Are - by Fahtiem

Sangria Shimmies - A chapter from Amaya's upcoming book, "Life is Amayamazing!" - by Amaya

The School of Hard Raks - Seven Secrets of Super Performers - by Jasmin Jahal

Lighting & Dancer Expectations for Performance Photography vs. Theatre Lighting Reality - by Carl F. Sermon and Ma*Shuqa Mira Murjan

In the Spotlight: Edenia - by Tammye Nash

Change it UP! - by Tess Haranda

Stretch Your Workshop Boundaries - by Nizana

Judy's Cairo Camel - circa 1978 - by Judy Reda

Why Not GBDAC 2017?! - review by Jeanna Driver

Rakkasah West 2018 - Pictorial - photos by Carl F. Sermon

Belly Dancer of the Universe Competition 2018 – Timeless Transformation - review by Marta Schill

Suhaila Salimpour's Enta Omri - Pictorial

The Splendor of The Tribal Massive - review by Prachi Shah

Cairo Shimmyquake 2018 – Pictorial - photos by Carl F. Sermon

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OCTOBER 2018

Kata Maya - Dancing through the changes and into the future - by Tammye Nash
Special Announcement!

Zahra Zuhair - Lifetime Achievement Award

The School of Hard Raks - What's your Score? Preparing for a Belly Dance Competition - by Jasmin Jahal

What Would You Have Done? or....Enough with the Chinese Food! by Amaya

In the Spotlight: The Desert Darlings - by Tammye Nash

When We Don't Have Enough time to Get It All Done – We Should Belly Dance! - by Holly H Fischer

Majinga's Magic from Around the World - The Story of the Magique Bazaar - by Michael Stroud & The Cast

“The Fez” Awarded Best Foreign Feature Documentary

Teacher's Wisdom: How to Master Technique and Create a Unique Performance - by Ma*Shuqa Mira Murjan
Nagwa Fouad - by Hossam Ramzy

“Call it What it Is” Debate - by Nizana

Yaa Halla, Y'all 2018 Yellow Rose of Texas Belly Dance Star Competition Winners – Pictorial - by Miracle Bennett, Tammye Nash, Cassie Quinn, and Carl F. Sermon

Mendocino Middle Eastern Music & Dance Camp 2018 - photos by Carl F. Sermon

The Mendocino Experience - by Zann Darbuka, Ahava, Ron Perovich, Benjamin Alderson, and Alan Williams

Andalee's Hot Raqs 2018 – Pictorial - photos by Carl F. Sermon

Bed, Breakfast, and Bellydance: My Diva Intensive - review by Donna Carlton

Carnival of Stars 2018 – Pictorial - photos by Carl F. Sermon

El Berencesha - Baladi, The Heart and Soul of Egyptian Dance - by Hossam Ramzy - CD Review - by Oriana

Unity of the Heart - by Yuval Ron Ensemble - CD Review - by Ma*Shuqa Mira Murjan

Cairo Nights - Volume 7 - by Dr. Samy Farag - CD Review - by Ma*Shuqa Mira Murjan

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2017



JANUARY 2017

In Memory of Andreas Chianis - by Marta Schill and Tonya Chianis

Aisha Ali and The Nawari Nights of Egyptian Music and Dance - by Kristin Raeesi

Baby, It's Cold Outside - Winter Health & Beauty for Busy Dancers - by Princess Farhana

We Should be Thankful and be Happy - 9 Lies that keep us from Enjoying Dancing - by Ma*Shuqa Mira Murjan

A Conversation with Saroya & Saqra about the Mediterranean Fantasy Festival - by Nizana

The School of Hard Raks - How to get What You Want From Dance - by Jasmin Jahal

Star Talk - by Amaya

The Value of Effort - by Fahtiem

From Egypt with Love, Mostafa Epy, a vendor of Egyptian Jewelry - by Ma*Shuqa Mira Murjan

'Twas the night before hafla.... - by Ron Perovich

Mendocino Middle Eastern Music & Dance Camp 2016 - photos by Carl F. Sermon

Hip Expressions - Showcase and Workshop with Artemis Mourat - review by Nizana

Amaya's Oriental Potpourri 2016 - review by Sabra, photos by Carl F. Sermon

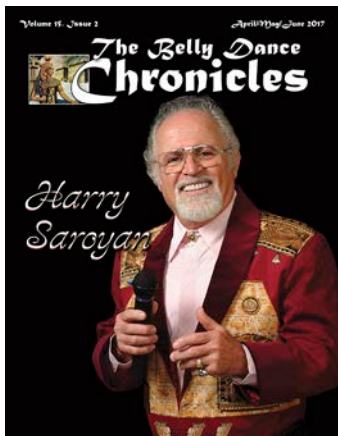
Wings of Isis Halloween Hafla 2016 – Pictorial - photos by Tammye Nash

North Bay Bellydance Bazaar 2016 – Pictorial - photos by Carl F. Sermon

Yaa Halla, Y'all 2016 - Performers – Pictorial - photos by Carl F. Sermon, Tammye Nash, Gail Dittenber,
Chris Brown, and Joe Hill

Top Notch Tabla Solo: Belly Dance Drum Solo Technique Drills and Choreography - Parts 1 & 2 - Video Review
- by Zephirah

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APRIL 2017

Remembering a Legend: Harry Saroyan

ShoShannah's Epic Journey: A Conversation with Georgia Belly Dancer,
ShoShannah Estell - Interview by Tammye Nash

In Memory of Setrak Sarkissian

The School of Hard Raks - To Teach or Not to Teach - by Jasmin Jahal

Self-Care - by Tess Haranda

A Guide to Life's Dance - by Amaya

First Timer's Guide to The Austin Belly Dance Convention - by Kelli Nottingham

Advice from a Professional Photographer - Do I Need a Real Camera? -
by Carl F. Sermon and Ma*Shuqa Mira Murjan

The Hzem: From Street to Stage - by Habiba

It's All in the Details - by Nizana

Dare to Dance - by Zephirah

Going Solo with Improvisational Performance – “Performance Professionalism - The It Factor” -
by Ma*Shuqa Mira Murjan

Tips for Beginners - by Minea

Dances for the Winter Moon 2017 – Pictorial - photos by Carl F. Sermon

The Austin Belly Dance Convention - Pictorial - photos by Vance Strickland and Joe Spittler

Belly Dancer of the Universe Competition 2017 - review by Ma*Shuqa Mira Murjan, photos by Carl F. Sermon

Arabian Passion LIVE – prod. by Nazir Latouf - CD Review - by Ma*Shuqa Mira Murjan

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JULY 2017

Sa'diyya - by Ma*Shuqa Mira Murjan
 Turkish Romani - by Kristen Raeesi
 In Memory of Kathryn Ferguson - by Amaya

Performance Professionalism, Part 3:7 Elements for Great Performances -
 by Ma*Shuqa Mira Murjan
 Spotlight on Kelly Rodriguez - by Tammye Nash
 Let's Talk About Hips - by Nadirah R. Bray HHP
 Life's a Dance - Dance it like you own the stage - by Zephirah
 Motivational Music - by Fahtiem
 Interview with Malia Delapenia, Hawaii Belly Dance - Convention Producer and
 More! - by Nizana

Cairo Cats - Only in a Cairo Nightclub - by Judy Reda
 Setting an Intention - by Tess Haranda

Andalee's Hot Raqs 2017 – Pictorial - photos by Carl F. Sermon
 "The Art of Dance is the Art of Courage" - A review of Virginia Mendez' 2016 Theatrical Production, In Four
 Acts, "REFLECTIONS" - by Jihan Jamal
 The Tribal Massive - review by Sonja Joy
 Karen Barbee's 20th Anniversary Give Belly Dance a Chance - July 2016 - You Should've Been There! -
 review by Jeanna Driver
 Rakkasah West 2017 - Pictorial - photos by Carl F. Sermon
 I'll Die At Your Wedding by Rebecca Wolf-Nail - Book Review - by Lynda Sands

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OCTOBER 2017

Victoria Teel - by Ma*Shuqa Mira Murjan
 Special BDC Announcement
 Isis Foundation Award to Carl Sermon & Ma*Shuqa Mira Murjan

Dedication - by Tammye Nash
 Settling into the Music - by Camellia Sinensis
 Sa'diyya - Part Two - by Ma*Shuqa Mira Murjan
 My Challenge to you - by Denise Cannizzo
 Backstage Etiquette: The DOs & DON'Ts for Sharing - the Dressing Room - by Mahin
 Reality Check - by Bert Balladine with foreword by Amaya
 Introduction to Henna at ABDC 2017 - by Stella Marroquin

Saving Ali's Wedding (Cairo 1984) - by Judy Reda
 Spotlight on Jamie Lynn Shelton - The Art of the Veil - by Tammye Nash
 Dancing in Nursing Homes - by Nadirah R. Bray HHP
 Round Here - Movement, music and life converge - by Bob Chabot

Yaa Halla, Y'all 2017 - Yellow Rose of Texas Competition Winners – Pictorial - photos by Carl F. Sermon
 Amaya's Oriental Potpourri 2017 - review by Deborah Newberg

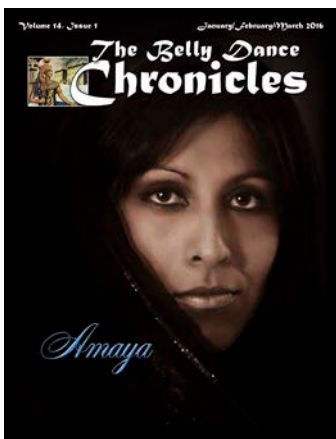
Fahtiem's Oasis Dance Magic - Pictorial - by Rachel Wright
30th and Final Mediterranean Fantasy Festive - 2017 - review by Nizana
Cairo ShimmyQuake 2017 - Pictorial - photos by Carl F. Sermon
Isis' Studios Summer Hafla 2017 - Pictorial - photos by Cassie Quinn

The Fundamental Movement Vocabulary of Raqs Sharqi - by Morocco (C. Varga Dinicu) - Book Review -
by Stasha Vlasuk

Love is My Religion - by Omar Faruk Tekbilek - CD Review - by Ma*Shuqa Mira Murjan

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2016



JANUARY 2016

Amaya - by Ma*Shuqa Mira Murjan
Teaching the Art of Improvisation Dance - Part 3 – The Difference Between
Memorizing and Thinking - by Ma*Shuqa Mira Murjan
Donna Mejia - Interview by Nancy Loyan Schuemann

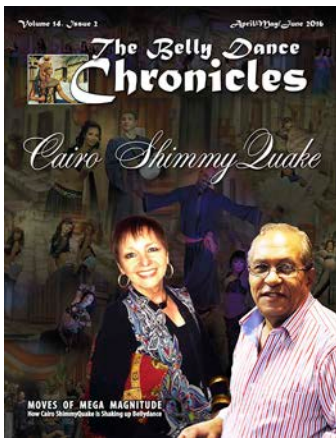
It Is What You Think It Is - by Fahtiem
Top Ten Tips for an Awesome Photo Shoot - by Jasmin Jahal
I'm a belly dancer - Poem - by Joie Gibson
Of Course My Body Isn't PERFECT! - by Amaya
The Guilt Trip - by Tess Haranda
Is Your Dance Teacher Toxic? - by Princess Farhana

The Austin Belly Dance Convention 2015 Experience - review by Alectria
Rakkasah East 2015 - Pictorial - photos by Carl F. Sermon
Carnival of Stars 2015 - Pictorial - photos by Carl F. Sermon
Diva Intensive Retreat 2015 with Ma*Shuqa Mira Murjan and Carl Sermon - review by Bethsheba Hunning
Hawaii Belly Dance Convention 2015 - review by Nizana
The 28th Annual Mediterranean Fantasy Festival - review by Nizana
North Bay Bellydance Bazaar 2015 - Pictorial - photos by Carl F. Sermon

Belly Dance for Healing from Illness with Nadirah - DVD Review - by Lux
Nadira presents 5-Layers From The Ground UP! - DVD Review - by Nizana

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Seismic Shimmies Art and The Dance - American belly dance Legend Aziz comes out of retirement for Amaya's Oriental Potpourri - by Tammye Nash
 Donna Mejia - Part 2 Interview - by Nancy Loyan Schuemann
 A Belly Dancer is... – Poem - by Isis and Serqet
 The School of Hard Raks - Five Fatal Errors - by Jasmin Jahal
 There Goes the Dancer - by Amaya
 Tips for Teachers - by Nizana
 Finding Yourself in Performance - by Habiba
 Back to the Future: Honoring Our Past to Preserve Our Dance - by Princess Farhana
 Hair Raising Moments - by Fahtiem
 Meet Your Needs, Not Your Ego - by Tess Haranda

Scarborough Faire Sneak Peek - photos by Tammye Nash

Cairo Nights Tokyo – Pictorial - photos by Carl F. Sermon

Yaa Halla Y'all 2015 - Yellow Rose of Texas Competition Winners - Pictorial - photos by Carl F. Sermon

RAKSTAR's 15th Anniversary - A Celebration of Artistry, Family, and Coming Home - review by Zuleikha

Give Belly Dance a Chance 2015 - review by Jeanna Driver

The 28th Annual Mediterranean Fantasy Festival - review by Nizana

BABDAMA Festival 2015 – Pictorial - photos by Carl F. Sermon

Habiba presents a Teaching DVD of a New Choreography ~ Kida - DVD Review - by Marisa Pierson

Makam & Beyond: A Progressive Approach to Near Eastern Music Theory by Eric Ederer, PhD - Book Review - by Ma*Shuqa Mira Murjan

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JULY 2016

Vanessa Interview - by Lisa Price
 That's Just how I Roll...Abdominal Work for Belly Dance - by Princess Farhana
 The School of Hard Raks - Be Fearlessly Authentic - by Jasmin Jahal
 Doing What We LOVE - by Fahtiem
 What Do You Own? - by Tess Haranda
 Artistic & Personal Drama - by Isis
 Dancing on the Edge - by Amaya
 Tips for selecting a Venue - by Nizana
 The Care of Asyut/Assuit/Assiut - by Ghaleana Jamra

Yaa Halla, Y'all 2015 - Star Instructors – Pictorial - photos by Carl F. Sermon

Rakkasah West 2016 - Pictorial - photos by Carl F. Sermon

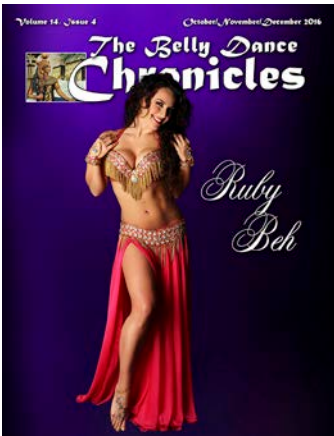
BDUC 2016 - Winners - Pictorial - photos by Carl F. Sermon

Arab Dance Seminar 2015 - review by Ahava

Dancers for the Winter Moon – Pictorial - photos by Carl F. Sermon

Spring Caravan 2016 – Pictorial - photos by Carl F. Sermon

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Ruby Beh - Interview by Ma*Shuqa Mira Murjan

In Memorium: Harry Saroyan

The Isis Foundation presents Amaya with Lifetime Achievement Award

Vanessa - part 2 - Interview by Lisa Price

Star Talk - by Amaya

Change: Challenges and Opportunities - by Tess Haranda

Belly Dance Can Replace Your Gym Workout - by Ma*Shuqa Mira Murjan

The School of Hard Raks - Top Ten Ways Belly Dance Makes You a Happier,
Healthier Person - by Jasmin Jahal

Have You Decided Yet? - by Fahtiem

Ingrained Racism in “Gypsy” Dance: “I Know what I Know - Don’t Confuse me with Facts” -
by Kristin Raeesi and Morocco

The Tribal Massive Bellydance Showcase & The Massive Spectacular - review by Cameron Taylor,
photos by Yaniv Halfon

Yaa Halla Y’all 2016 - Yellow Rose of Texas Competition Winners - Pictorial - photos by Carl F. Sermon

Dance from the Heart Mini-Convention - review by Nizana

Cairo ShimmyQuake 2016 – Pictorial - photos by Carl F. Sermon

Carnival of Stars 2016 - photos by Carl F. Sermon

Diva Professional Development Intensive Retreat 2016 with Ma*Shuqa Mira Murjan and Carl Sermon –
Pictorial - photos by Carl F. Sermon, Ma*Shuqa, and Camellia

Cairo Nights Vol. 5: Modern Dance Music from Egypt – CD Review - by Ma*Shuqa Mira Murjan

You Asked Aunt Rocky: Answers & Advice About Raqs Sharqi & Raqs Shaabi by Morocco (C. Varga Dinicu) -
Book Review - by Isis

The Fez: A Documentary by Roxxanne Shelaby - DVD Review - by Ma*Shuqa Mira Murjan

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2015



JANUARY 2015

Isis - A Belly Dance Business Powerhouse

Drums Make Beautiful Coffee Tables - Part One - by Amina Goodyear

It Has To Be Said - by Amaya

What Do You REALLY Believe? - by Fahtiem

The School of Hard Raks: Ask the Right Questions - by Jasmin Jahal

In the Spotlight: Amazing ... Grazia! - by Laura Farina

Connecting the Dots: Fluidity and Smooth Transitions - by Princess Farhana

‘Percentage Breakdown’ of a Performance - by Nizana

One - by Tess Haranda

Twirls & Whirls, Spins, & Turns - by Nicole McLaren

Meet Me at the Oasis 2014 -Pictorial - photos by Carl F. Sermon
Rakkasah East 2014 -Pictorial - photos by Carl F. Sermon
Mediterranean Delight Festival 2014 - review by Nadirah
Cairo Nights - review by Ma*Shuqa Mira Murjan
North Bay Bellydance Bazaar 2014 - photos by Carl F. Sermon

Raqset al Sajat: An Interactive Instructional CD by Helm and Fat Chance Belly Dance - CD Review -
by Ma*shuqa Mira Murjan

Unveiled: Double Veil Instructional with Petite Jamilla - DVD Review - by Lux

Sabla Tolo IV - Tak Raka Takum by Hossam Ramzy – CD Review - by Benjamin Alderson

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John Bilezikjian - Johnny, We Hardly Knew You - by Marta Schill

The Gift of John Bilezikjian - by Fahtiem

Karim Nagi - Musician, Instructor of Egyptian Music and Dance -
by Ma*Shuqa Mira Murjan

Drums Make Beautiful Coffee Tables - Part Two - by Amina Goodyear

An Interview with Doug Adamz of 'Light Rain' - by Ma*Shuqa Mira Murjan

The School of Hard Raks: Myth Busters - by Jasmin Jahal

Bubbles - by Tess Haranda

Do You Know Taheyya? - by Amina Goodyear

The Body Electric: Putting more POWER into your dancing - by Princess Farhana

Four Rules to Dancing Success - by Amaya

Secrets of Dance - by Joie Gibson

The Overpriced, The Ugly, and the Stinky Costumes - by America Tru

The Legacy of the Ghawazi - Part One - by Habiba

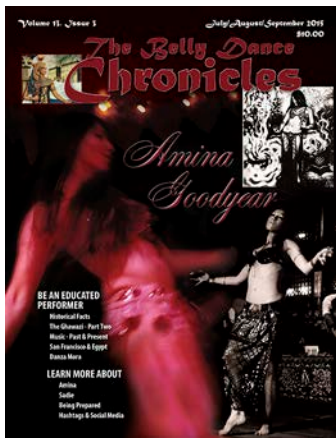
Sadie's Raq'n Rhythms Bellydance and Music Retreat - review by Georgia Michelle Bellydancer

Middle Eastern Belly Dance Showcase Raised \$10,000 for Dana-Farber Cancer Institute Siren Sunday at
Mount of Tunis Restaurant in LA, California - review by DeVilla

Carnival of Stars 2014 - Pictorial - photos by Carl F. Sermon

10th Annual Hawaii Belly Dance Convention - 2014 - review by Nizana

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JULY 2015

Amina Goodyear - Living My Dreams - by Ma*Shuqa Mira Murjan
 An Interview with Sadie - by Jennifer
 The Aswan Dancers - Its Roots: 1975 - by Amina Goodyear

Spotlight on Badrawn - by Persephone
 The Dancer's Spirit - Poem - by Stephanie Perea
 What is 'Danza Mora'? - by Amaya
 Tips from Judges - by Fahtiem
 Dancers and Social Media: #Hashtags 101 - by Princess Farhana
 The School of Hard Raks: Know Your Roots - by Jasmin Jahal
 Being Prepared - Even When Others Might Not Be - by Nizana

The Legacy of the Ghawazi - Part Two - by Habiba

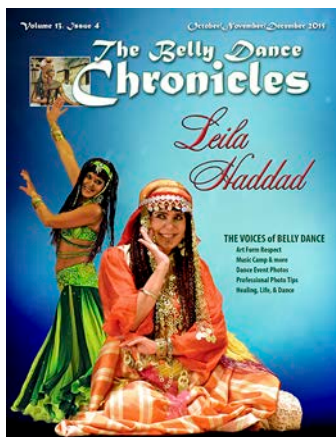
Rakkasah West 2015 - Pictorial - photos by Carl F. Sermon

El Liel - Celebrating the Golden Age of Egyptian Music, Song & Dance - review by Rebecca Firestone

Cairo Nights Vol. 4, by Dr. Samy Farag - CD Review - by Ma*Shuqa Mira Murjan

Treasure's Skirtwork for Fusion Belly Dance - DVD Review - by Diana & Fina

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Leila Haddad - Dance is My Voice - by Ma*Shuqa Mira Murjan
 The Isis Foundation presents Lifetime Achievement Award to Amina Goodyear -
 by The Belly Dance Chronicles
 Tonya & Atlantis - The Evolution of BDUC with photos from BDUC 2015 -
 by Amina Goodyear; photos by Carl F. Sermon

Congratulations to Jasmin Jahal - by The Belly Dance Chronicles
 Secrets to Great Images from Photo Sessions: The Professional Difference -
 Elegance of Style - Part 4: The Art behind the Camera - More Tips &
 Techniques for Posing - by Ma*Shuqa Mira Murjan and Carl F. Sermon
 Thank You - by Tess Haranda

I Don't Camp...but I do peel oranges and have duf, will travel - by Amina Goodyear

Star Talk - by Amaya

Going Solo with Improvisational Performance - Part II - Performance Professionalism - The IT Factor; Can it
 be taught? - by Ma*Shuqa Mira Murjan

Respect Your Art Form - by Mezdulene

The Music Cries Out - by Carrie Marie and Maria Rhodes

Part 2 - Ten Years Later: Healing & Recovery, and dealing with Self-Doubt - by Ma*Shuqa Mira Murjan

Hips REALLY Don't Lie: A new dance discovery - by Sandra Espinosa

Saroyan Mastercrafts - Correct Patterns for Finger Cymbals - Vintage Documents provided by Harry Saroyan

Reflections - by Fahtiem

Mendocino Middle Eastern Music & Dance Camp 2015 - photos by Carl F. Sermon
The Tribal Massive™ - A Boutique Among Shopping Malls - review by Lee Ali
Cairo ShimmyQuake 2015 - pictorial - photos by Carl F. Sermon
Dancers for the Winter Moon 2015 - pictorial - photos by Carl F. Sermon
Spring Caravan 2015 - pictorial - photos by Carl F. Sermon
North Central Florida Style Shows - review by Nizana

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Sausan - by Ma*Shuqa & Carl F. Sermon
Remembering John Clow - by Marta Schill
Q & A with Bozenka - by Mirabai
The Bellydancer and the Bodyguard - by Amina Goodyear

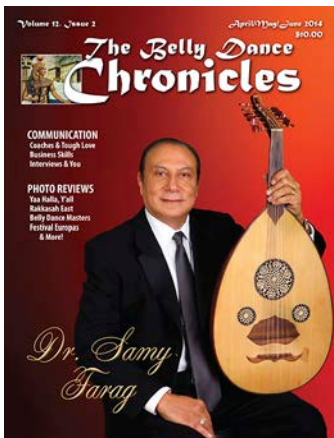
A Tribute to Turkish, Part Three: Princess Banu - by John Clow
A New Dress - by Fahtiem
The Romance of the Rumba Years: A True Fiction - by Amina Goodyear
Facebook Tips for Marketing - by Taaj
“The School of Hard Raks” - Part 7 - Think BIG - by Jasmin Jahal
Star Talk - by Amaya

Writing Interesting Class and Workshop Descriptions - by Dr. Laura Osweiler (Amara)
Shake It Forward: A Home-Grown, World Changing Idea from Javlee of Boston - by Madame Onça
Yasmina of Cairo - by Sabrina
Raquia Hassan to the Rescue! - by Habiba
Belly Dance in Fiction: Merrill Joan Gruber - by John Clow

The Tribal Massive/The Massive Spectacular - review by Liliana Fadwa, photos by Brad Dosland
Raks into Spring 2013 - featuring Ranya Renee of NVC - review by Rivkah Sultana
Carnival of Stars 2013 - Pictorial - photos by Carl F. Sermon
Hawaii Belly Dance Convention 2013 - photos by Nizana

Tribal Fusion Belly Dance: A Workshop Companion – presented by Vagabond Princess - DVD Review -
by Draconis
Vol. 7 - Mystic Blue Caravan by Pangia - CD Review - by Ma*Shuqa Mira Murjan

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Dr. Samy Farag - by Marta Schill

The Bellydancer and the Bodyguard - Part Two - by Amina Goodyear

“The School of Hard Raks” - Part 8 - Great Dance Coaches and the Value of Tough Love - by Jasmin Jahal

Business Communication Skills for Dancers - by Princess Farhana

Secrets to Great Images from Photo Sessions - Part 3 – Posing Tips - by Ma*Shuqa Mira Murjan

Perseverance (Or the Trials & Tribulations of Doing Interviews) - by John Clow

The Romance of the Rumba Years: A True Fiction, Circa 1951 - Part Three - by Amina Goodyear

Business Acumen - by Nizana

A Thousand Dancers Under the Sun - by Alissa Hall

Take a Chance ... Dreams Come True! - by Katrina (Kay) Eady

Yaa Halla, Y'all 2013 - Pictorial - photos by Carl F. Sermon

Oum Khalsoum Intensive with Ranya Renee - featuring Nany - review by Catherine Barros

Rakkasah East 2013 - Pictorial - photos by Carl F. Sermon

Orientalisches Festival of Europas 2013 - photos by Carl F. Sermon

Yalla! Give Belly Dance a Chance! - review by Jeanna Driver

My Weekend with Mihrimah Ghaziya (of France) - The Nomadic Dancer - review by Rachel Morris, photos by Franko Aguirre

Cairo Nights Vol. 3 by Dr. Samy Farag - CD & DVD Review - by Ma*Shuqa Mira Murjan

Virginia's Elegant Bellydance Choreography - DVD Review - by Zuleikha

The Belly Dance Handbook: A Companion for the Serious Dancer - by Princess Farhana - Book Review - by Heather Shoopman

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Sadie Marquardt - by Ma*Shuqa Mira Murjan, photos by Michael Baxter

The Birth of Cairo Cabarets - by Amina Goodyear

Marta Schill - Lifetime Achievement Award presented by The Isis Foundation

Mary Ellen Donald - Lifetime Achievement Award presented by The Isis Foundation

Mannequin Parts - by Fahtiem, photo by Don Spiro

Is Snake Charming in Your Future? by Stephany Perea, photos by D'nelle Jones

Onça O'Leary: Renaissance Lady of Bellydance – building community in our backyard - by Sadira

The School of Hard Raks - Zen and Now - by Jasmin Jahal

Star Talk - by Amaya

Pretty is as Pretty Does: The Life Expectancy of Beauty Products and Tools - by Princess Farhana, photos

by Christine Maharet Hughes

Be a DIVA - NOT a Prima Donna? - by Ma*Shuqa Mira Murjan, photos by Carl F. Sermon

Be, not do - by Tess Haranda

Love Yourself in Costume: Accentuating Our Assets - by Sabrina

Yaa Halla, Y'all - 2013 - Yellow Rose of Texas Competition Winners Pictorial - photos by Carl F. Sermon

Belly Dancer of the Universe Competitions 2014 - by Carl F. Sermon

Ten Days in Crete - A Lifetime of Lessons - review by Rosanna Setu

Magic of Bellydance - February 2014 - review by Nizana, photos by Denise J. Marino Photography

Cairo Nights in Mexico - March 2014 - review by Gabriela Alexandra

The Tribal Massive 2014 Experience - review by Raven Sumner, photos by Yaniv Halfon Photography

Dances for the Winter Moon 2014 Pictorial - photos by Carl F. Sermon

Murder at The Arabian Nights by Rebecca Wolf-Nail – Book Review - by Lynda Cryer

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Tonya & Atlantis - Masters of the Universe! - by Marta Schill

The Birth of Cairo Cabarets - Part Two - by Amina Goodyear

Helm Band: Ling Shien & Mark Bell - their history & music - Interview by
Ma*shuqa Mira Murjan

Dr. Samy Farag - Lifetime Achievement Award presented by The Isis Foundation

Building a Better Drum Solo - by Princess Farhana with Issam Houshan

Be Strong, Be True, Be You! - by Stephany Perea

Top Ten Tips to Creative Choreography - by Jasmin Jahal

Simple or Complex Dance Performance - by Nizana

Star Talk - by Amaya

What Matters ... - by Tess Haranda

How to Prepare for Your Belly Dance Photo shoot - by Sabrina

Cairo ShimmyQuake 2014 - Pictorial - photos by Carl F. Sermon

Rakkasah West 2014 - Pictorial - photos by Carl F. Sermon

Yaa Halla, Y'all 2014 - Star Instructors - photos by Carl F. Sermon

Yaa Halla, Y'all 2014 - Yellow Rose of Texas Competition Winners - Pictorial - photos by Carl F. Sermon

The Austin Belly Dance Convention (ABDC) 2014 - photos by Vance Strickland

Belly Dance Evolution - Alice in Wonderland - photos by Carl F. Sermon

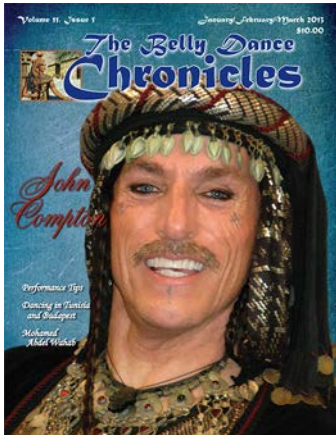
Istanbul'da: Music of Turkey and the Ottoman Empire by Helm - CD Review - by Ma*shuqa Mira Murjan

Oriental - Occidental by Georges Lammam - CD Review - by Ma*shuqa Mira Murjan

The Baladi Tour - Issam Houshan presents The Damascus Belly Dance Orchestra - CD Review - by Kisa

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Remembering John Compton - by Princess Farhana
 Mohamed Abdel Wahab and Me - by Amina Goodyear

The Hungarian Royal Treatment: My Budapest Experience - by Chelcy Reitsma
 Inspiration - by Fahtiem
 "The School of Hard Raks" - Part 3 - The Art of Making and Taking Tips -
 by Jasmin Jahal

Star Talk - by Amaya
 Why Tribal? - by John Clow

First Impressions: Notes on dance from my first few trips to Tunisia - by Habiba
 Reader Viewpoint: Burlesque Belly - A Wrong Turn for the Dance - by Alisha Lions

Performance Skills: Thinking Outside the Box - by Ranya Renée Fleysher

Star Talk - by Amaya

Female and Male Energy in Belly Dance - by Leyla Najma

Little 'Lorraine' Egypt - by John Clow

Desert Dance Festival 2012 - Pictorial - photos by Carl F. Sermon

Raks into Spring 2012 - presenting Nourhan Sharif - review by Heather Wayman

The 22nd BDUC - On a Roll! - review by Marta Schill

The Franklin Method - A Workshop - review by Diane Eger

Fall Festival - October 2012 - Punta Gorda, Florida - review by Nizana el Rassan

Troupe in Review - The Wings of Isis 2012 - DFW Texas – Pictorial - by Tammye Nash and Casey Sledge

Georges Lammam: Oriental - Occidental - CD Review - by Ma*Shuqa Mira Murjan

Cairo Nights: Volume One by Dr. Samy Farag – CD Review & Biography - by Ma*Shuqa Mira Murjan

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Taking it to the Next Level ... with Mher & Mayte - by Marta Schill
 The Sahra Chronicles: The Nubian House Luxor & Our Scarf Project - by Sahra Saeeda
 Making Memories with Bellydance - by Sabrina
 The Tarab of Om Kalthoum's Music Lives On: Her Songs Dance in our Hearts -
 by Amina Goodyear

Start with a Smile - by Fahtiem

"The School of Hard Raks" - Part 4 - Creating the Quickening: Music Interpretation -
 by Jasmin Jahal

Star Talk - by Amaya

Old School Belly Dance - by Nizana el Rassan

An Hungarian Jewel: An Interview with Shaba of Budapest - by Chelcy Reitsma

Judy's Little No-No - by John Clow
Ouch! - Recognizing, Avoiding, and Caring for Dance Injuries - by Princess Farhana
Quick Make-up Ideas - by Minea
Samantha Gill, Belly Dancer - by John Clow
Getting Involved in "World Thinking Day" - by Jeanne Wells/Aqilah

The Belly Dance Super Stars - Pictorial - photos by Chet Rybak and Ma*Shuqa & Carl F. Sermon
An inside look: East Meets West III - review by Becky Wegner
Mendocino Middle Eastern Music & Dance Camp 2012 - photos by Carl F. Sermon
Rakkasah East 2012 - Pictorial - photos by Carl F. Sermon
SF/BA MECDA Fall Festival - Pictorial - photos by Carl F. Sermon

The Belly Dance Reader - Book Review - by Ma*Shuqa Mira Murjan
50 All Time Greatest Belly Dance Hits - CD Review - by Kisa

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JULY 2013

Wrangling a Hurricane: An Interview with Princess Farhana - by DeVilla
Precious Moments: 20 Minutes with Master Mahmoud Reda - by Sabrina
An Interview with Habiba - by Fatima Bassmah
The Wedding Singer - by Amina Goodyear

"The School of Hard Raks" - Part 5 - Inspiration and Improvisation - by Jasmin Jahal
Dealing with Dance Burnout - by Zahra Zuhair
Star Talk - by Amaya
Who "Am" You? - by Fahtiem
Different Strokes - by Rebecca Wolf-Nail

Secrets of Great Images from Photo Sessions - The Professional Differences - Elegance of Style, Part One:
Posing Tips and Tricks - by Ma*Shuqa & Carl F. Sermon

Before Badia: The Emergence of Theatrical Performance Space for Belly Dance - by Heather D. Ward ("Nisaa")
Diastasis Recti - by John Clow

Sacred Space: Change Your Environment, Change Your Dance - by Elisheva

A Tribute to Turkish, Part One: Nejla Ates - by John Clow

Dance of the Dar Mother - Folkloric Belly Dance in North Africa, Part One - by Michele Arista

A Weekend with Morocco "Aunt Rocky" - review by Cala Marjani

Raksa by the Bay 2013, with Virginia and Amir Sofi - Pictorial - photos by Carl F. Sermon

Hip Expressions Monthly Showcase - review by Nizana

Cairo Nights - Vol. 2, by Dr. Samy Farag - CD Review - by Ma*Shuqa Mira Murjan

Edge City - A Novel by Sin Soracco - Book Review - by Amina Goodyear

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OCTOBER 2013

Jillina - by Ma*Shuqa & Carl F. Sermon
H.M.C.? ... Iconic Record Label Spreads Its Isis Wings - by Marta Schill
Helena Vlahos: Greek Goddess Interview - by Zahra Zuhair
Where's the Tarab? Finding All the Ingredients - by Amina Goodyear

Hannah Sultan - by Jamie Powell
The Romance of the Rumba Years: A True Fiction, Circa 1951 - Part One -
by Amina Goodyear
She's Like a Rainbow: What Your Costume Colors Say About You -
by Princess Farhana
A Tribute to Turkish, Part Two: Ozel Turkbac - by John Clow

Star Talk - by Amaya

Dance of the Dark Mother - Folkloric Belly Dance in North Africa, Part Two - by Michele Arista

Inspiration - My Friend Cora Camille - by Ruth McEachnie

Invaders of the Heart 2013: Revival - an Interview with Myra Krien on Inspiration, Choreography, and the
Creation of a Large-Scale Stage Production - by Bonny Moss

Secrets to Great Images from Photo Sessions - The Professional Difference - Elegance of Style, Part Two: Six
Things Dancers & Fashion Models Should Never Do - by Ma*Shuqa & Carl F. Sermon

My Pure Experience - by Nizana

"The School of Hard Raks" - Part 6 - Be Somebody! - by Jasmin Jahal

Belly Dancer of the Universe Competition - Champions - photos by Carl F. Sermoni

New Jersey Fall Fantasia - presented by Farasha & Su'ad - review by C. Rybak

Ahlam - by Mohamed Shahin - CD Review - by Ma*Shuqa Mira Murjan

Oriental Fantasy, Volume 13 - Raks Beata - CD Review - by Ma*Shuqa Mira Murjan

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2012



JANUARY 2012

Joharah - An American Designer - by Nailah
The Sahra Chronicles - Did I really still go to Egypt!?! - by Sahra Saeeda
Spotlight on Naser Musa: Singer, Songwriter, Composer and Musician -
by Ma*Shuqa Mira Murjan

The Introduction of Middle Eastern Dance into the United States - by Amara

So You Think You Can Belly Dance? - by Jasmin Jahal

The Enigmatic Center - Part Two - by John Clow

In the Beginning . . . - by Suzy Evans

Star Talk - by Amaya

Fear and Clothing in Las Vegas - by Devilla

The Yes and No Game - by Fahtiem

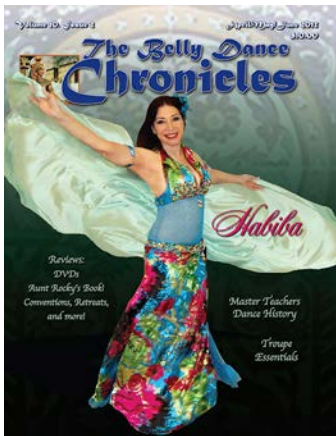
Belly's Breath - Poem - by John Gosslee

Four Landmark Artists of the Arab World - by Diane Eger
 The Dancer's Vice - Poem - by Stephany Perea
 D.C. Postcards - by John Clow
 Core Stabilization: Strengthening Exercises for Posture and Dance - by Ma*Shuqa Mira Murjan
 A Dancer's Guide to Stage Lighting Basics - by Princess Farhana
 An Ocean of Truth - Poem - by Rasa Vitalia
 Letter to a Belly Dancer's Son - by Delilah
 The Dragonfly Prodigy: Vivien Skrupskis - by Leyla Najma
 Oppression in Belly Dance - by Taaj

Raks LA - 2011 - Pictorial - photos by Carl F. Sermon
 31st Annual Rakkasah West Festival – Pictorial - photos by Carl F. Sermon
 RAKs into Spring with Jasmin Jahal - review by Aaliyah
 Wise Women Listen Up! ... Yes! YOU! - Amaya's Wise Woman Retreat - review by Kelly Conway

Shine by La Musa Project - CD Review - by Kisa
 Saroyan & Friends: "Touching . . . Voice of the Soul" - CD Review - by Amaya

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APRIL 2012

Getting to Know ... Habiba, of Philadelphia - by John Clow
 Reflections and Realizations: Thirty Years of the Habiba Dance Ensemble - by Habiba
 The Introduction of Middle Eastern Dance into the United States - Part Two -
 by Amara

From Troupe Trials to Group Greatness - Dance Company Success - by Jasmin Jahal
 Dance Competition and Festival Rookies: Preparing to attend your first big dance
 convention? Here's what you need to consider ... - by Ma*Shuqa Mira Murjan
 Celebrating Our Master Teachers - The Importance of Lineage in Oriental Dance -
 by Alay'nya

Star Talk - by Amaya
 Showtime - Poem - by Stephany Perea
 Dancing Across the Pages: Keeping a Dance Journal - by Princess Farhana
 The Art and Dance of Janet Morgan - by Tiffany Shaw-Diaz
 Weird Paths, New Beginnings - by Rebecca Wolf-Nail
 The Dancer's Vice - Poem - by Stephany Perea
 The Enigmatic Center - Part Three - Into the 1970s - by John Clow
 Belly Dance Couple Marries Soul & Technology - by Anthony DellaFlora
 Our Brain is Tricky - by Fahtiem

Mendocino Middle Eastern Music and Dance Camp - 2011 - Pictorial - photos by Carl F. Sermon
 Rakkasah's Fifth Annual Spring Caravan - Pictorial - photos by Carl F. Sermon
 From Passionate Student to Spirited Professional: The First Professional Dance Conference & Retreat -
 review by Masa

Tarabiya: A Middle Eastern Music and Dance Performance - review by Alisha Lions

Give It a Chance, Y'all - review by Jeanna Driver

Hawaii Belly Dance Convention - 2011 - review by Nizana

Cairo Caravan - 2011 - World of Wonder - Pictorial - photos by Carl F. Sermon

Killer Drillz with Zoe Jakes - DVD Review - by Sharon Lynn

You Asked Aunt Rocky: Answers & Advice about Raqs Sharqi & Raqs Shaabi - Book Review - by Alay'nya

Belly Dance Artistry with Tempest - DVD Review - by IrinaXara

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JULY 2012

Virginia - by Zuleikha

The Splendor that was Mohamed Ali Street - by Amina Goodyear

The Sublime Sonia M'barek in Philadelphia: the thread of honey - by Habiba

Spotlight on Musical Group House of Tarab - Some Like it H.O.T. - by Delilah

Getting to Know...Daniela Gioseffi - by John Clow

Crafting your Stage Face - by DeVilla

Clubbin' it! Otherwise known as "The School of Hard Raks" - by Jasmin Jahal

The Meaning of OK, O.K., Okay - by Fahtiem

Your Dance Team - by Princess Farhana

Lights, Camera, Action - Let Your Body Move: Photo Session Modeling Tips for Stunning Images -

by Ma*Shuqa Mira Murjan & Carl F. Sermon

Egypt and the Dawn of Raqs Sharqi - by Sonja Oswald

Star Talk - by Amaya

The Enigmatic Center - Part Four - by John Clow

A Dancing Rhyme - Poem - by Barbara Sayre Harmon

The Philosophical Dancer - Paintings, Dancing, and Verse - by Leyla Najma

Invaders of the Heart - 2012 - Rapture - Pictorial - photos by Evan Hess and Federico Giannelli

Yaa Halla, Y'all - The Yellow Rose of Texas Competition Winners - 2011 - Pictorial - photos by Carl F. Sermon

Yaa Halla, Y'all - 2011 - Pictorial - photos by Carl F. Sermon

Unveiling - The Inner Journey - Book Review - by Morocco

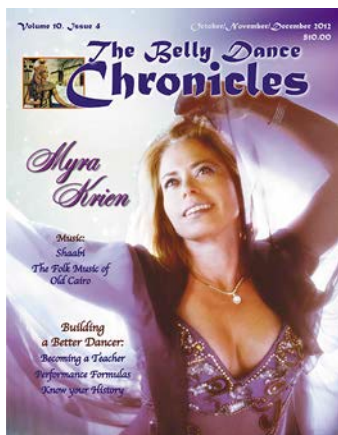
The Art of the Early Egyptian Qanun, Vols. 1 & 2 - CD Review - by Ahava

Who Dropped the Bombshell? Make-up Artistry with Princess Farhana and DeVilla - DVD Review - by IrinaXara

Beginner's Guide to Bellydance: Oriental and Tribal Fusion - CD Review - by Kisa

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OCTOBER 2012

Myra Krien: A Desert Rose - by Bonny Moss
 The Sahara Chronicles - by Sahara Saeeda
 Anahid Sofian: Master Teacher, Dancer, and Story Teller - by Alay'nya
 From the Back Alleys of Cairo into the Clouds: The Changing Face of Shaabi Music - by Amina Goodyear

The Belly Dancer's Cover-Up - by Azar
 "The School of Hard Raks" - Part 2 - Show Formats That are Formulas for Success - by Jasmin Jahal
 How Can I Make it Work? - by Fahtiem
 Star Talk - by Amaya

Taking the Village to the Classroom - by Habiba

On Becoming a Dance Teacher: New Role and Responsibilities - by Ma*Shuqa Mira Murjan

The Menopausal woman and Belly Dance - by Leyla Najma

Passion, Femininity, and Spirituality Journey - by Najla

Looking Back: The Printed Word - by John Clow

Kasbah Karnivale - A "querque" Spectacular – Pictorial - photos by Melissa Glasgow

Winter Moon - 2012 – Pictorial - photos by Carl F. Sermon

SF/BA MECDA Swap Shop Shimmy - 2011 – Pictorial - photos by Carl F. Sermon

Let's Hear it for the Boys: "Rakkas Undulations" – The Men of North American Belly Dance - review by Princess Farhana

Belly Dancer of the Universe Competition Winners – 2012 - Pictorial - photos by Carl F. Sermon

Amaya's Wise Woman Retreat – 2012 - review by Providencia Sharpe

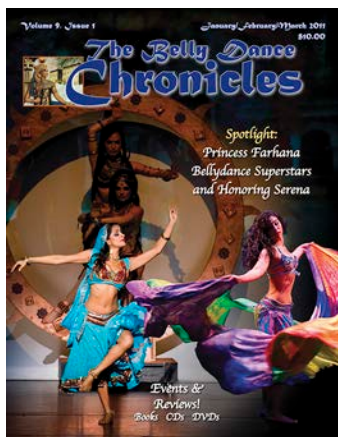
Rakkasah Spring Caravan - 2012- Pictorial - photos by Carl F. Sermon

The 25th Annual Mediterranean Fantasy Festival - review by Nizana

Beats Antique - Tribal Derivations & Collide – Dual CD Review - by Kisa

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2011



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The Sahara Chronicles - by Sahara Saeeda
 Serena (in Loving Memory) - by Lauren Falzo-Karmi with Valerie Falzo
 Spotlight: Princess Farhana - by John Clow
 Mahmoud Reda and Farida Fahmy - Fifty Years of Dance - by Farida Fahmy

China - Part One - Get Ready, Get Set . . . Oh Nooo! - by Fahtiem

Star Talk - by Amaya

Meet Ruby Beh - by Delilah

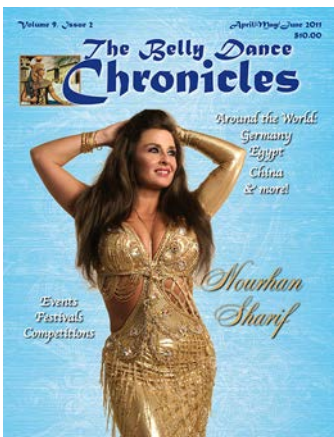
Maybe I Can Bellydance! - "So you think you can bellydance" Competition from a Participant's Perspective - by Dahab

Eating Between Shimmies . . . on the Road - by Sarahbeth Ghozali (aka Yeli)
The Foreboded Dance (An Excerpt from the Diary of a Restaurant Dancer) - by Stephany Perea
The Divine Unrest - by Leyla Najma
Spotlight on Amani Jabril - A Simple Thank You - by Amani Jabril
To the Editor - Update on "Nine Month Duet" - by Sonya Oswalt

Ya Amar Modern Bellydance (DVD review) - by Kisa
Stasha Vlasuk's Adventures in Belly Dance Costuming, Vols. 1 & 2 (Book review) - by Ma*Shuqa Mira Murjan
Belly Dance Basics - Essential Elements for Exceptional Technique - with Gypsy (Paula Reid Stump) (DVD review) - by Serqet
Egyptian Music Appreciation & Practice for Bellydancers by George Dimitri Sawa (CD/Book review) - by Kisa
Suhaila Salimpour's Reflections - A Percussion CD for Belly Dance (CD review) - by Kisa

Bombay Bollywood - review by Linda Riyad
North Bay Belly Dance Bazaar - Pictorial - Photos by Carl F. Sermon
Carnival of Stars - Pictorial - Photos by Carl F. Sermon
Raks Into Spring with Hadia of Canada - review by Jami Chance
The Las Vegas Bellydance Intensive - review by Princess Farhana
Desert Dance Festival - Pictorial - Photos by Carl F. Sermon

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The Sahra Chronicles - A Letter from Cairo, 1990 - by Sahra Saeeda
Nourhan Sharif - by Safa Samiezade'-Yazd
The Isis Foundation Hall of Fame Award - Shukriya
The Isis Foundation Hall of Fame Award - Tamalyn Dallal
The Isis Foundation Hall of Fame Award - Tonya and Atlantis

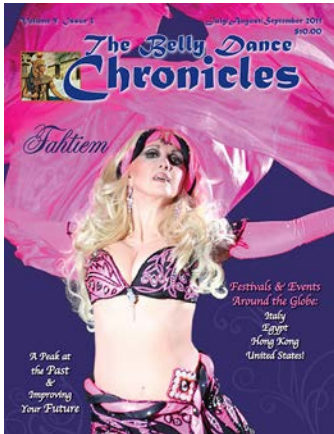
China - Part Two - I Did It! - by Fahtiem
Star Talk - by Amaya
International Tripping in Germany - by Amaya
Professional Performance Preparation for Competitions, Dance Festivals or Parties - by Ma*Shuqa Mira Murjan

Fear and Clothing in Las Vegas: The Travels of a Belly Dance Husband - by Dano Blanchard
Study Belly Dance, Save a Life - by Tiffany Shaw-Diaz
Belly Dance Books from the Past - by John Clow
Silver Bellies: Seniors Coming to Belly Dance - by Nikkal Feyrouz
Cycles of Learning - by Taaj
In Memoriam - by Viktoriya Pulley
Know Your Motivation: Things Dancers Can Learn from Actors - by Princess Farhana
What Is Layering - by Leyla Najma

Dancing Fast, Dancing Slow: Four DVD Reviews - by Annya Ishtara
Cairo Sound Clash (CD review) - by Kisa

SFBA MECDA - November 2010 - Pictorial - Photos by Carl F. Sermon
Rakkasah East Festival - October 2010 - review by Ma*Shuqa Mira Murjan
Yaa Halla Y'all - August 2010 - Yellow Rose of Texas Belly Dance Competition Winners - Photos by Carl F. Sermon
What I did for My Summer Vacation, July 2010 - review by Francine Tellier

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Getting to Know Fahtiem - Interview - by John Clow
Dahabieh on the Nile - Six Days of Fair Trade Heaven - by Habiba
Week in Egypt - Journal Excerpt - by Tamalyn Dallal

Cross Your Finger Cymbals! - by Delilah
Ginger Juice and the Benefits of Ginger - by Toi "Adira of the Desert" Parker
Star Talk - by Amaya
Belly Dancing in Hong Kong - by Princess Farhana
Exercise Types and the Benefits of Oriental Dance - by Ma*Shuqa Mira Murjan
Habeeba Studio's 40th Anniversary!

Greater than Myself: Dancing in Pomegranate Studio's Invaders of the Heart 2011: Revelation -
by Bonny Moss

People I Have Met Along the Road: Naima Sultana - by Zuleikha

Retro Time: Mail-Order Catalogs - by John Clow

The Vision Quest - by Leyla Najma

Live Dances: Hannan Hultan featuring Arabia Band (DVD review) - by John Clow

DJ Nader - Move: Non-Stop Arabian Remixes (CD review) - by Kisa

Kajira Djoumahna's BlackSheep BellyDance Format for American Tribal Style Belly Dance, Level One
(DVD review) - by Kisa

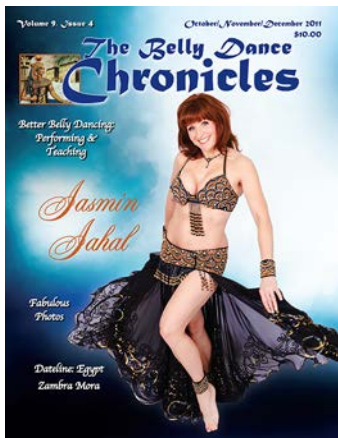
Five Stars for Rakstar - review by Zuleikha

Yaa Halla, Y'all - August 2010 - Pictorial - Photos by Carl F. Sermon

A Tribute to Mahmoud Reda - presented by Tambra with Special Guest John Compton - July 2010 - Pictorial -
Photos by Isis, Sabra and Tambra

Stelle D'Oriente Festival - review by Laura Farina

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Getting to Know Jasmin Jahal - Interview - by John Clow
 Zambra Mora: Spanish Gypsy Dance - by Silvia Salamanca Segui
 Dateline Egypt: A Report on Ahlan Wa Sahlan and Post-Revolution Cairo -
 by Princess Farhana

Dance Memories - Captured Forever? - by Ma*Shuqa Mira Murjan
 Awareness - by Fahtiem
 In Memoriam: Marliza Pons and Oberon
 The Belly in Belly Dance - by Jasmin Jahal
 Star Talk - by Amaya
 SEEDs and Myra Krien & SEEDs National Teacher Training - by Jade McLellan

Look Sharp: Finding the Perfect Sword - by Princess Farhana
 The Enigmatic Center - Part One - by John Clow
 The Magic of Unity - by Stephany Perea
 Women of Moonlight - by Leyla Najma
 Using Just Dance 2 to Improve Your Teaching - by Taaj
 Connecting Words and Movement: How to Increase Your Learning Ability - by Anya Ishtara
 Through the Eyes of a Belly Dancer's Daughter - by Savanah Radaelli

Belly Dancer of the Universe Competition - February 2011 - Pictorial - Photos by Carl F. Sermon
 Tribal Fest 11: A Sensory Extravaganza - review by Renee Rothman
 Beata & Horacio Cifuentes present Oriental Fantasy and Patricia & Tribe Perlatentia - October 2010 - Pictorial -
 photos by Carl F. Sermon
 Kahreen and Kira present their 25th Anniversary Show - featuring Fahtiem! - review by Kahreen and Kira
 Dancing for Shelter: The Woodstock Goddess Festival - review by Donna Barrett
 Isis and the Star Dancers Christmas Hafla - December 2010 - Pictorial - Photos by Carl F. Sermon

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2010



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The Sahra Chronicles - by Sahra Saeeda
 John Bilezikjian - Musician, Composer, Recording Artist: A Storybook Hollywood
 Career - by Ma*Shuqa Mira Murjan
 Dahlena - A True Pioneer! - by John Clow
 Mahmoud Reda and Farida Fahmy - Fifty Years of Dance - by Farida Fahmy
 BDUC Scores! - by Marta Schill

A Story of Honoring - by Delilah
 Star Talk - by Amaya
 Ahmad Jarjour - by Ester Lelinowska
 The Photographer and the Dance - by Chris Brown

Advertising Success - by Chris D. Hilbert

1960s: Dancers in “Hammer” Films - by John Clow

I am a Bellydancer - by Sonya

Purchasing Costumes on the Internet: The “Mail Order Brides” of the Belly Dance World - by Princess Farhana

DVDs Galore! - by Annya Ishtara

The Image and the Lens - by Leyla Najma

Ruby: Classical Egyptian Bellydance by Hossam Ramzy and Ossama El Hendy CD - review by Kisa

Abs-olutely Fabulous! Abdominal Technique with Princess Farhana DVD - review by Kisa

2009 Las Vegas Bellydance Intensive & Festival - review by Lisa Barrus

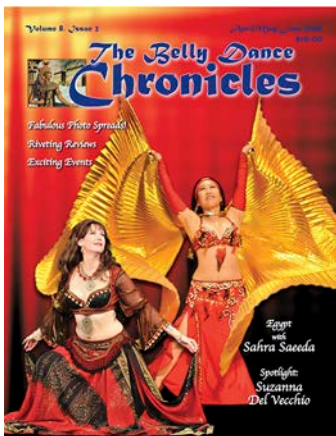
Amaya’s “American Legends in Belly Dance” DVD Release Party in Las Vegas, NV, September 2009 -
review by Lisa Barrus

Wiggles of the West - Winners - Pictorial - Las Vegas, NV

25th Shimmy by the Sea - Corpus Christi, TX - review by Lacey Williams

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The Sahra Chronicles - by Sahra Saeeda

Spotlight: Suzanna Del Vecchio - by John Clow

Star Talk - by Amaya

Let Your Body Sing (poem) - by Nikkal Feyrouz

“To Do” or “To Be?” - That is the Question - by Fahtiem

Rakkin’ the Retro: Vintage Belly Dance Costume Care & Repair - by Princess Farhana

Tribal Spirit (poem) - by Nikkal Feyrouz

The County Commissioner & The Belly Dancer – Lessons of Politics Applied to
Dance - by Karen Barbee Adkisson

Bellydance and Age - by Diane Eger

Altars for Transformation - by Annya Ishtara

Teaching an Online Curriculum to the Modern Belly Dancer - by Leyla Najma

Moon Moth Mixes - A Bellydance Practice Companion (CD review) - by Kisa

Ballet for Belly Dancers with Brianna (DVD review) - by Taaj

Mesmera: Belly Dance with Finger Cymbals (DVD review) - by Kisa

Encore! Bert’s Baladi - Bellydance Music (CD review) - by Karyana

Rhythms of the Arab World with Karim Nagi, Vols. 1 & 2 (CD review) - by Karyana

Jillina’s Bellydance Evolution Project & Show - review by Ma*Shuqa Mira Murjan

SFBA MECDA Gala 2009 - Pictorial - by Carl F. Sermon

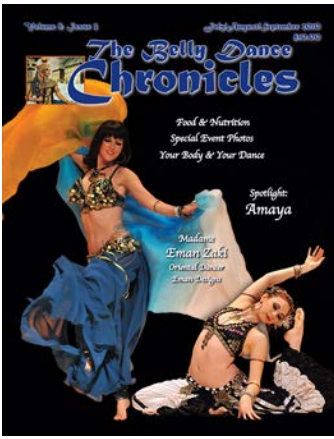
Carnival of Stars 2009 – Pictorial - by Carl F. Sermon

Amaya’s Wise Woman Dance Retreat June 2009 - review by Wendy Amato

Middle Eastern Music & Dance Camp 2009 - Pictorial - by Carl F. Sermon

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Spotlight: Amaya - by John Clow

Eman Unveiled - by Princess Farhana

Jamila Salimpour Lifetime Achievement Award - by Chronicles Staff

Tafadalo! - Middle Eastern Culinary Arts - by Na'ama Rose

Countdown to a Competition - Part 1 - by Rebecca Wolf-Nail

Does Ballet Make You a Better Belly Dancer? - by Na'ama Rose

How to Handle a Classroom Heckler - by Taaj

Ten Myths about Dieting - by Sarabeth "Yeli" Ghozali

The Nun and The Belly Dancer - by Sakti Rinek

Star Talk - by Amaya

Practice Makes Perfect - by Leyla Najma

Core Stabilization: Strengthening Exercises for Posture and Dance - by Ma*Shuqa Mira Murjan

Nine Month Duet: The Joys and Challenges of a Pregnant Bellydancer - by Sonja Oswalt

Currents of Timelessness and Puritan Morals (poems) - by Nikkal Feyrouz

Do We Ever Stop Being Students? - by Miriam Berger

Bangin' Bellybeats (CD review) - by Kisa

Yaa Halla Y'all 2009 Winners - Pictorial - by Isis

30th Annual Rakkasah Festival - Pictorial - by Carl F. Sermon

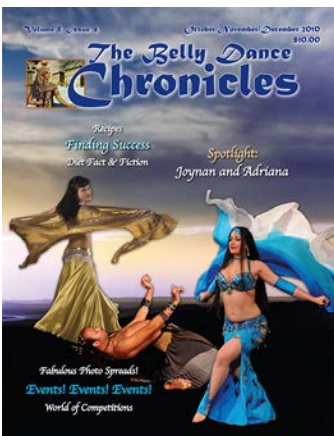
Belly On Down the Road - review by Jeanna Driver

Hathor Unveiled: Homage to Seattle's Bellydance Origins - review by Princess Farhana

Arabian Nights at Sea - review by Fahtiem

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Adriana - by John Clow

Serena Lifetime Achievement Award - by Chronicles Staff

Spotlight: Joynan - by John Clow

Special Interest Video Sales Supported a Lot of Art - by Delilah

A New Kind of Exotic: The Rising Popularity of Fan Veils in Modern Bellydance -
by Tiffany Shaw-Diaz

Tafadalo! - Middle Eastern Culinary Arts - by Na'ama Rose

Star Talk - by Amaya

What Does Success Have to do with Happiness? - by Fahtiem

Bellydancing into Politics: How Dancing Helped Me Run for Mayor - by Wendy Amato

Visionary - Summer Solstice Parade - by The NTP

Begin Within...(poem) - by Baraka Bethany Elihu

Countdown to a Competition - Part Two - by Rebecca Wolf-Nail

A Recipe for Dance (poem) - by Stephany Perea

Dieting: How to Tell Fact from Fiction - by Sarahbeth Ghozali (aka Yeli)

In Loving Memory of Dennis Hopper - by Sakti Rinek
Reflecting the Flower of Life - by Leyla Najma

Put the “Belly” Back in Belly Dance with Hannan Sultan (DVD review) - by John Clow
Ya Amar Modern Bellydance Music (CD review) - by Johanna Juntunen
Ibrahim Farrah Near East Dance Group performs The Zar Dance (DVD review) - by Karyana
Step-by-Step Bellydance with Leilainia (DVD review) - by Kisa

MECDA's Cairo Caravan - review by Ma'Shuqa Mira Murjan & Carl F. Sermon
Wiggles of the West Winners - Pictorial - photos by Robert “Kyle” E. Steffen
The Belly Dancer of the Universe Competition - review by Marta Schill
Belly Dancer of the Year Competition - Pictorial - photos by Carl F. Sermon

Upcoming Events - Teacher/Performer Directory - Letters To/From the Editor - Masthead/Advertising & Subscription Info
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2009



JANUARY 2009

Star Talk - by Amaya
Learning from the Arabesque Orchestra - by Laura Selenzi
A Common Diversity - Time is the Only Critic Without Ambition - by Leyla Najma
Portable Glamour: A Belly Dancer's Guide to Traveling in Style - by Princess Farhana
Alaska or Bust: The Last American Frontier - by Hadia
My Winter Vacation with Khadejah and Mustapha El Quesiati - by Nicole Nour
Tired of Dealing with Psycho Belly Dancers? Cross Train with Qigong! - by Taaj
Tick . . . Tock - by Fahtiem
Dance to the Great Mother and Grandmothers of Today - by Delilah
Tribal Fusion Freedom - by Nikkal Feyrouz
Limits are for Driving - by Nikkal Feyrouz

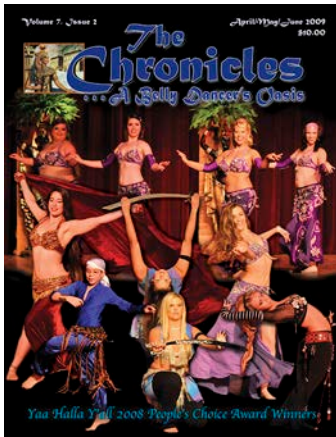
The Sahara Chronicles - by Sahra Saeeda
Reflections of Atea - by John Clow
A Conversation with Mme. Esmehan Chaari, President of the Sport & Dance Federation of Tunisia - by Habiba
Jamila Zaki and the Marvelous World of the Zagharid Circle - by Alessia Cardigliano

Pangia - Edges of Tradition - Vol. 6 DVD - review by Kisa
Delilah's Gypsy Veil Dance - A Primer in 9/8 DVD - review by Tsarina
Belly Dance Rocks, Reloaded, and Revolution DVDs - review by Maria-Zahira
Hilary Live DVD and Interview - review by Ramona

Summit Fire Benefit for Sulyman El Coyote - review by Ma*Shuqa and Carl Sermon
3rd Coast Tribal - review by Cat Rosenau-Fryman
Photo Montage - Highlights of Spring Caravan 2008 - photos by Carl Sermon
The Missing Component: A Workshop with Naser Musa - review by K. E. Hernandez
Raks into Spring with Katia of Boston - review by Catherine Barros

Dalia Carella - Born to Dance - by Monica Reed-Tremmel

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April 2009

The Sahra Chronicles - by Sahra Saeeda

Interview with Armando "Uncle Mafufo" of Sirocco Band - by Ma*Shuqa Mira Murjan
Photo Montage - Gala Show Honoring Raqia Hassan & Dr. Samy Farag, Featuring
Souhail Kaspar, Amaya, Fahtiem, and Maryam

Catching Up with Camine Guida - by Taaj

Bellydance Certification - Promoting the Art, Promoting the Artist - by Julie Rand

Back to the Future - Honoring Our Past to Preserve Our Future - by Princess Farhana

Keep It Going - by Fahtiem

Star Talk - by Amaya

Dancing at the "Underbelly" Premier - by Celeste Hines

Bellydance Fitness - by Cheryl Bushey

Pose, You Poser! - The Art of Posing for Dramatic Effect - by Nikkal Feyrouz

Rainbow Promises - by Nikkal Feyrouz

Meet Maz: Costume Designer - by Makeda Maysá

Summer in Cairo - Raqia Hassan's Fabulous Ahlan Wa Sahlan Festival - by Raksanna

Online Video Fact and Fiction - by Leyla Najma

Dr. Farag's Classic Egyptian - Belly Dancing Music Plus: Show Commentary and Interview with Dr. Samy
Farag - by Tonya Chianis and Kisa

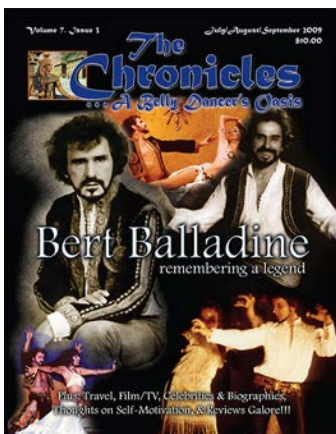
A Closer Look - Delilah - review by John Clow

Armando Mafufo - Cinco: Rhythm for Dancers - music review by Ma*Shuqa Mira Murjan

First Annual Cairo Raks Chicago - review by Catherine Barros

Karavan On Ice! - review by Jeanna Driver

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JULY 2009

Eva Cernik: BDUC Lifetime Achievement Award Winner - Story of a Professional
Dancer - by Ma*Shuqa Mira Murjan

Roman "Bert" Balladine: The Dance Psychologist - His Final Bow - by Amaya
Lifetime Achievement Award 2008 presented by The Isis Foundation to Eddie
"The Sheik" Kochak

A Closer Look - Marta Schill - by John Clow

Sands of Time - by Nikkal Feyrouz

Does the End Justify the Means? - by Fahtiem

The Sahra Chronicles - by Sahra Saeeda

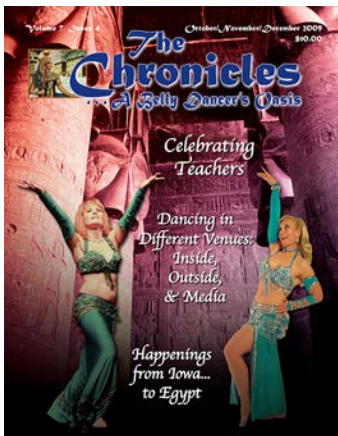
Tribal Solos - by Nikkal Feyrouz
 Dance Artist vs. Graphic Artist - by Ma*Shuqa Mira Murjan and Chris Hilbert
 Shake 'Em if You Got 'Em! - by Rebecca Wolf-Nail
 A Bellydancer's Journey through India - by Annya Ishtara
 Raq the Recession! Belly Dance on a Budget - by Princess Farhana
 Sad News of our Friends in Dance - Viktoriya - by Tinuviel
 Learning to Howl Like a Wolf - by Leyla Najma
 Is It All in a Title? - by Ara Avee
 An 'Owed' . . . to James Bond - by John Clow

Tribal Vision - A Celebration of Life Through Belly Dance Book by Paulette Rees-Denis -
 review by Cat Rosenau-Fryman

American Belly Dance Legends - A Journey into Belly Dance in America DVD by Amaya - review by Isis
 The Belly Dancer - A Novel by DeAnna Cameron - review by Karyana
 Fan-Tastic! Fabulous Fan Dancing with Princess Farhana DVD - review by Kisa

Raksanna Raks Knoxville - review by Neran
 Photo Montage - Yaa Halla Y'all 2009: Teachers & Winners - photos by Carl F. Sermon
 Arabesque Academy Pro Course Intensive: July 2008 - review by Shema

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OCTOBER 2009

Ahlan Wa Sahlan - Cairo 2009 - by Princess Farhana
 The Sahra Chronicles - by Sahra Saeeda
 Mazaher - by Diana Eger
 An Interview with Myra Krien - by Lindsay Ahl
 Tanya Lemani - More than just Kara! - by John Clow

Be Yourself - by Taaj
 Star Talk - by Amaya
 The Pros and Cons of Online Bellydance Classes - by Ansuya
 Plain Janes Beneath a Veil - by Delilah
 Dancing at an IAMED Video Shoot - by Celeste Hines

The Elixir of Life - Breath - by Fahtiem
 Are You Going to Scarborough Faire? - by Karyana
 Marketing 101 for Dancers: The Basics - by Ma*Shuqa Mira Murjan and Chris Hilbert
 Taking it to the Streets - by Nikkal Feyrouz
 One Shimmy – Poem - by Nikkal Feyrouz
 Working Out at Home with Instructional DVDs - by Annya Ishtara
 Musings on Being a “Fat” Belly Dancer - by Miriam Berger
 Sensuality VS Sexuality in Photography - by Leyla Najma
 Farewell to Azar - by Saahira Zephora

Midnight Rose by Wendy Buonaventura & Flute of Sand by Lawrence Morgan - 2 Book Reviews -
by Princess Farhana

Djinn - The Middle East Side CD - review by Kisa

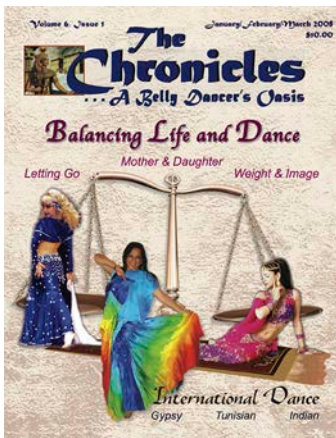
Baby Beginner Doumbek Workshop DVD with Carmine T. Guida - review by Karyana

Jasmin Jahal Wows Des Moines, Iowa - review by Monica Reed-Tremmel

Spirit of the Tribes 9 - A Global Dream Come True - review by Basha

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2008



JANUARY 2008

Star Talk - by Amaya

To "We" or Not to "We" - by Roman "Bert" Balladine

Weighing In on my Bellydance Image - by Leyla Najma

Face It: Five Minutes to Showtime - by Meleah

Balancing Act - by Cheryl Bushey

So You Wanna Be a Gypsy? - by Hadia

My Personal Journey of Letting Go - by Fahtiem

Dimensions in Life and Dance - by Rozana al Jinan

Belly Dance / Indian Dance - by Meera

The Sahara Chronicles: Chronicling the Year - by Sahra Saeeda

Once More with Feeling...A Tribute to the Legendary Roman "Bert" Balladine - by Amaya

Khamsa Holidays 2007: Dancing and Traveling in Tunisia - review by Myriah Haggard

Rainbows of the Desert Feature Karen Barbee-Adkisson - review by Monica Reed-Tremmel

Picture Perfect! Leela's Arabia Exotica 2007: Glamour in Exile - Photos by Mathew Caine, Digitrope

Wise Women Dance Retreat 2007 - review by Anita'h Ba'

Alexandra King's Tropical Retreat: Tulum, Mexico - review by Elissa

Best of Rakkasah West 2007 - review by Ma*Shuqa Mira Murjan, photos by Carl Sermon

One Marvelous Night: Habiba DVD - review by Farasha

Rozana al Jinan Presents: Raqs Assaya "Blue Moon" DVD - review by Leyla Najma

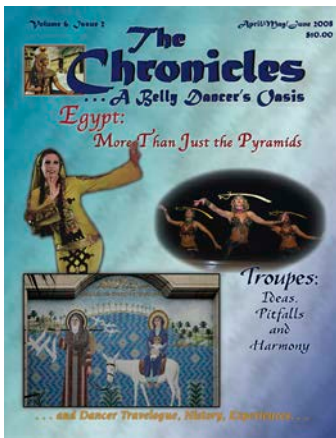
Dynamic Belly Dance: The Joyful Journey of Dancemaking and Performing, Book by Ramona - review by Serqet

Snake Hips: Belly Dancing and How I Found True Love, Book by Anne Thomas Soffee - review by Martha E. Duran

Rhythms & Drums: Practice and Performance: Leyla Jouvana and Roland CD - review by Kisa

The Way of the Belly, Book by Neena & Veena Bidasha - review by John Clow

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APRIL 2008

Yaa halla, Y'all 2007 - by Mesmera

Farida Fahmy: Daughter of Egypt - by Sahra Saeeda

My South African Teacher Training Safari - by Hadia

Nakish, the Legendary "Lady with the Eyes" - by Ma*Shuqa Mira Murjan

Feelings R Us - by Roman "Bert" Balladine

The Mystique of the Student Rival - by Leyla Najma

Star Talk - by Amaya

Just Press Delete - by Fahtiem

A Karavan Studio History - by Jeanna Driver

10 Secrets to Dancing to a Live Drum Solo: Part 1 - by Ma*Shuqa Mira Murjan

Peace and Harmony - by Cheryl Bushey

Face It: Help or Hype? - by Meleah

The Value of Veils - by Princess Farhana

Retro Daze - by Cheryl Bushey

The Austin Belly Dance Convention and the Heart of Texas Belly Dance Contest and Showcase - review by Karyana

The Las Vegas Bellydance Intensive . . . Is It As Intense As It Sounds? - review by Amaryllis

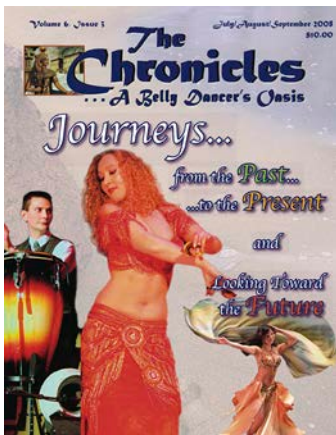
In the Shadow of the Pyramids . . . Raksanna's Annual Journey to Egypt - review by Raksanna

Mediterranean Raqs Band, Vol. 3; Saqra's Rhapsody - Music for Dancers and Drummers (CD) - review by Kisa

The Art of Playing Finger Cymbals with Momo Kadous (Video) - review by Kisa

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JULY 2008

Dream Dancer - The First 30 Years - Part 1 - by Doug Adamz

Interview with The Shimmy Queen - by Karen Cericola

A Closer Look: Kathryn Ferguson - by John Clow

The NDC & Me - by Makeda Maysá

The "Journey through Egypt" Intensive Project - by Sahra "Saeeda" Kent

10 Secrets to Dancing to a Live Drum Solo: Part 2 - by Ma*Shuqa Mira Murjan

The Backside of Fame! - by Roman "Bert" Balladine

The Need to be "ER" - by Fahtiem

Carl's Best in Show "Raqs Star" Dance Images – A Photographer's Secrets to Capturing Habibi Moments - by Ma*Shuqa Mira Murjan

Star Talk - by Amaya

My South African Teacher Training Safari - Part 2 - by Hadia

It's a Small World, After All! Performing Belly Dance for Children - by Princess Farhana

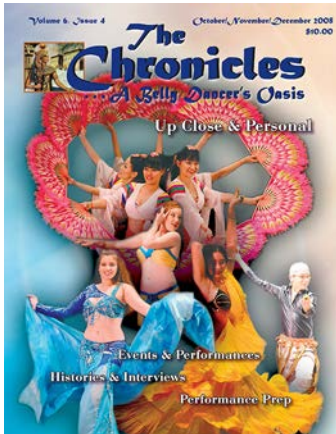
A Canadian Bellydancer in Paradise - by Rachel Allen

Belly Dance and the Feminine Image - by Leyla Najma

Dancin' in The Land of Enchantment (event review) - by Terri Massa

Jim Boz Signature Pro Cymbals - Saroyan Mastercrafts (product review) - by Ramona
The Dancing Cymbalist - How to play music with finger cymbals and dance at the same time, by Jenna Woods
(book review) - by Deede Parikh
Beginner's Guide to Bellydance (3 CD Set) - review by Kisa

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OCTOBER 2008

A Closer Look: Veda - by John Clow
Dream Dancer -- The First 30 Years -- Part 2 - by Doug Adamz
Tunisia -- A Local Culture with a Global View - by Habiba
A Musician of Many Talents: Sulyman El Coyote – After the Fire: An Interview with
Sol of Sirocco Band - by Ma*Shuqa Mira Murjan

Star Talk - by Amaya
Madame Raqia's World - by Princess Farhana
Keep Talking - by Fahtiem

Do Belly Dancing and White-Collar Offices Mix? - by Ramona

In the Spotlight: Marta Schill

Big Stage! Bright Lights! Cameras Rolling! Bellydancers' First Big Stage Performance - by Celeste Hines

Sakti Rinek Dances at the Blumenschein Museum - by Barbara Harmon

The Mystique of the Student Rival - Part 2 - by Rozana al Jinan

The Show Must Go ON! - by Cheryl Bushy

Thrillin' Drillin', Worth a Million! Technique, Layers, and Combinations with Sadie - DVD review by Maria-Zahira

Tribal Fusion Belly Dance, Yoga, Isolations and Drills: A Practice Companion with Rachel Brice - DVD review
by Kisa

Dynamic Combinations with Suzanna Del Vecchio: A Practice DVD for Belly Dancers, Vol. II - review by Kisa

BDUC Splits the Universe Event - review by Marta Schill

The Gypsy Chick Diaries: Amaya's Wise Woman Retreat, April 2008 - review by Holly Luky

Not JUST Another Workshop! - review by Jeanna Driver

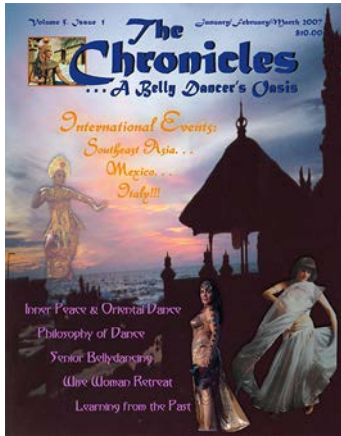
Photo Montage - Rakkasah - East 2007 & West 2008 - by Carl Sermon

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Chronicles Calendar Cover Contest

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2007



JANUARY 2007

- Amaya's Wise Woman Retreat - by Anit'ah B
- Learning from the Past - by Fahtiem
- Creating Inner Peace with Oriental Dance - by Atea
- Star Talk - by Amaya
- Teaching a Philosophy Way of Dance - by Leyla Najma
- More Music, Mommy! - by Ginny Engelhardt & Jen Kendall
- Using Learning Styles to Maximize Your Workshop Experience - by Missy Norrell
- Isis Wings - The Secret to Perfect Performance - by Ma*Shuqa Mira Murjan
- Sisterhood or Business - by Brandy Bollin
- Eyeliner: Four Easy Looks - by Meleah
- Senior Bellydancing - by Sandy Weeks

The Enchanting Far East - by Hadia

Featured Instructor/Performer: Samira - by Taaj

Dream Dancing in Mexico City - by Amaya

CYMBAL DIGEST: Winter 2007 - MECDA

Raks Oriental Festival in Palermo, Italy - review by Cinzia Larini

Shimmy-A-Thon - review by Elisheba Zoheret

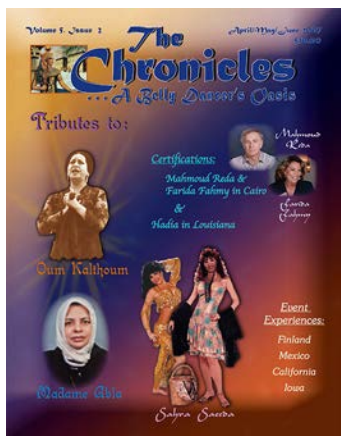
The East Coast Belly Dance Classic - review by Samira

Arabian Spices - by Mala Bhargova & Angelique Jamail

Modern Bellydance from Lebanon: Habibi Lahibi - by Kisa

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APRIL 2007

- The Sahra Chronicles - by Sahra Saeeda
- Star Talk - by Amaya
- Get on Down and Party - by Princess Farhana
- We're in This Together - by Bert Balladine
- Festival Shopping for Costumes - by Ma*Shuqa Mira Murjan
- Dance as Community Identity in Selected Berber Nations - by Morocco
- Learning from the Past, Part 2 - by Fahtiem
- Trends in Tribal Workshops - by Brandy Bollin
- A Journey of Self-Discovery Through Dance - by Cheryl Bushey
- The Teacher-Student Dance - by Leyla Najma

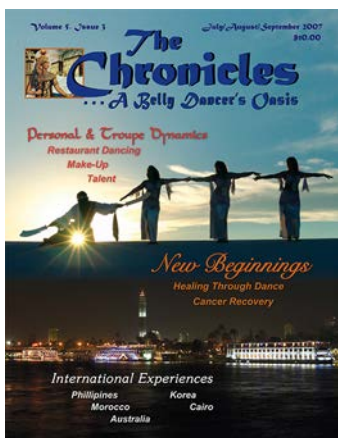
2006 Recognition Award Presented to Morocco

Homage to Oum Kalthoum - by Hadia

Legendary Madame Abla of Cairo - by Horacio and Beata Cifuentes
CYMBAL DIGEST: Winter 2007 - MECDA

Cairo Certification Course with M. Reda and F. Fahmy - review by Na'ama Rose
Marguerite's Sacred Source - review by Jennifer "Tehani" Sarreal
Dare to Dream 2006 with Ansuya and Miabella - Pictorial
Sakti Renik Workshop in Mexico - review by Yasmina Zarod
Hadia's Level I Teacher Training - review by Catherine Barros
Princess Farhana in Iowa - review by Monica
Dancing a Finnish Festival Away - review by Inka Vilen
Cairo Carnivale 2006 - review by Don Monkerud
Mish Maoul: Natacha Atlas - review by Kisa

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JULY 2007

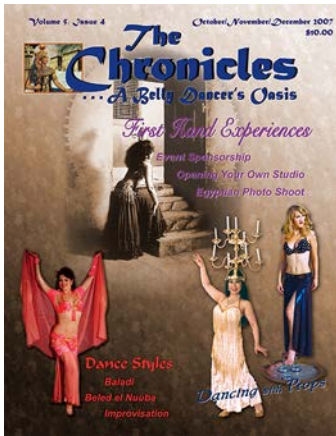
Cairo by Night - by Na'ama Rose
Dance 'Til you Drop - by Bert Balladine
Dance as Community Identity in Selected Berber Nations, Part 2 - by Morocco
Shamadan - by Sahra Saeeda
Find Your Talent - by Fahtiem
¡Baile Habibi! - by Ginny Engelhardt
Face It: A Flawless Finish - by Meleah
Restaurant Dancing - by Leyla Najma
Eddie "The Sheik" Kochak - Revisited - by Johara
From the Arabic Point of View - by Cheryl Bushey

Star Talk - by Amaya
Highlights from Down Under - by Hadia
On the Bumpy Road to Paradise - by Rozana
You Too Can Start a Non-Profit - by Taaj fi Qalbi
A Belly Dancer is... - by Isis and Serqet
Healing Through Dance - by Brandy Bollin
CYMBAL DIGEST: Summer 2007 - MECDA
Cancer Discovery & Recovery - by Ma*Shuqa Mira Murjan

Dancing with Jenna (review) - by Celine
Dancing in the DMZ (review) - by Delilah
Mikaela's Performance & Workshop in the Philippines (review) - by Mikaela

Wings of Isis: An Instructional Troupe Choreography (review) - by Atea
Modern Bellydance From Lebanon - Bashir Abdel'Aal (review) - by Kisa
Princess Farhana: Raks al Sayf Adv. Sword Technique/Choreography (review) - by Kisa

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The Egyptian Shamadan - Candelabra Dance - by Ma*Shuqa Mira Murjan
 Beled el Nuuba - by Bert Balladine
 Baladi - The Mother of Oriental Dance - by Hadia
 Dancing in the DMZ, part 2 - by Delilah
 Glass Dancing - by Cheryl Bushey
 Star Talk - by Amaya
 Improvisation in Oriental Dance - by Princess Farhana
 Keeping Your "Self-Identity" in Dance - by Leyla Najma
 So You Want to Own a Dance Studio - by Basima
 Magical Touchstone - by Fahtiem
 Face It - Beauty Through the Ages - by Meleah

Belly Dance and Special Needs Children - by Z-Helene Christopher

Ballerina Belly Dancers - by Ginny Engelhardt

To DVD or Not DVD - by John Clow

Adventures in Production Purgatory - by Rozana

The Sahra Chronicles: A Photographic Experience - by Sahra Saeeda

CYMBAL DIGEST: Fall 2007 - MECDA

Tribal Fest 7: Fusion and Colors (review) - by Dawn Pillsbury

Amarillo Belly Dance Community Welcomes Sakti Renik (review) - by Ali-Zanne

Oriental Fantasy: Talisman (review) - by Serqet

Motion on the Ocean (review) - by Sabra

West of East, Vol. 5: Pangia CD (review) - by Kisa

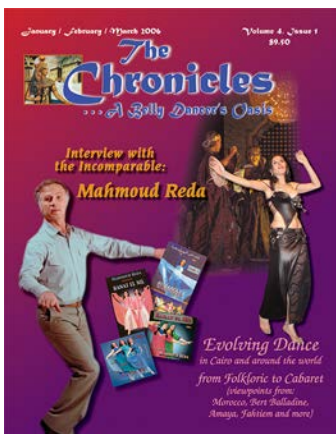
The Night Club Performance: Yasmina Ramzy DVD (review) - by Janice Neaveill

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Memorium: Serena

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2006



JANUARY 2006

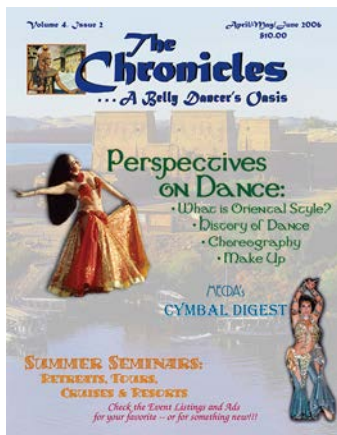
10 Tips on How to be Famous - by Amaya
 So What Else is New (Old)? - by Morocco
 Choreography, Who Needs It? - by Bert Balladine
 Handling Change, Part One - by Fahtiem
 Having Trouble Practicing Dance on Your Own? - by Karen Cericola
 The Price is Right? - by Taaj
 Ancient Sacred Dances - by Elizabeth Artemis Mourat
 Ahlan Wa Sahlan 2004, Part 3 - by Catherine Barros

CYMBAL DIGEST : Winter 2006 - MECDA

Interview with Mahmoud Reda - by Serqet
Cultural Ambassador Award - Mahmoud Reda
Remembering Ahab - by Phyllidia's Desert Dancers

Review: Mary Ellen Donald Practice Music for Dancers & Drummers - by Chronicles Staff
Review: Desert Passion: Middle Eastern Dance Theater - by M'lilah
Review: Farfasha Studios Present Nourhan Sharif - by Karen Cericola
Review: Stage Dynamics - Instructional Video with Katia - by Joan Kafri

Teacher / Dancer / Musician Directory - Upcoming Events - Letters To / From the Editor
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APRIL 2006

Definitions of Oriental Dances - by Elizabeth Artemis Mourat
Face It - Make-up for Dancers - by Meleah
So What Else is New (Old)? - Part Two - by Morocco
Regulation? What's Going On? - by Taaj
Shocker! Amaya Confesses!!! - by Amaya
Bring on the Coaches - by Bert Balladine
The Golden Age - Part One - by Habiba
The Oriental Choreography - by Hadia
Embracing Change - by Fahtiem
Tradition vs. Fusion - by Alexandra King

Greek Music & Oriental Dance Style - by Ma*Shuqa Mira Murjan
To Choreograph or Not to Choreograph - by Michelle Morrison
Fabulous Fakes: Fun with Fake Eyelashes - by Ramona
Adventures in Amateur-Land - by Celine

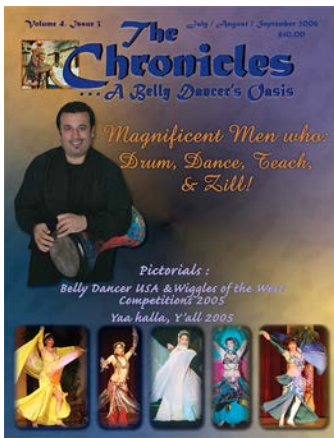
Choreography Project 2005 Awards - by Chronicles Staff
The Goddess-Sized Dancer - by Zel

CYMBAL DIGEST : Spring 2006 - MECDA

Review: ShimmyFest - by April Hudson
Review: Give Belly Dance a Chance 2004/2005 - by Jeanna Driver
Review: Belly Dance with Basma - by Farasha
Review: Wendy Buonaventura in Los Angeles - by Princess Farhana

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Important Stuff You Might Need to Know

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Easy to be Right (or Left) - by Fahtiem
 The Golden Age - Part Two - by Habiba
 Star Talk - by Amaya
 Facing the Music - by Bert Balladine
 The Legacy of Hurricanes Katrina & Rita - by Mariane Drake
 Face It - Make-up Crimes - by Meleah
 Ballet for Belly Dancers - by Farasha
 A Workshop with Adel Youssef - by Taaj
 Setting the Standards Bar: Success Criterion for Dance Performances -
 by Ma*Shuqa Mira Murjan

An Interview with Issam - by Sorsha
 An Interview with Tarik Sultan - by Isis
 CYMBAL DIGEST: Summer 2006 - MECDA
 The Goddess-Sized Dancer - by Zel

Belly Dancer USA Competition 2005
 Wiggles and Giggles Competition 2005
 Yaa Halla, Y'all 2005 - photos by Joe Hill and Julie Adoranti
 Review: Virginia's Amal Hayati - by Patricia Stansell
 Review: Oasis Dance Magic - by Carole Cox
 Review: Angela Prato - by Ginny Engelhardt
 Review: Hobi of Belly Dance by Adam Basma - by Kisa
 Tatika at the Karavan - by Jeanna Driver

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OCTOBER 2006

Doing It with Feeling - by Bert Balladine
 Golden Moments in Photography - by Ma*Shuqa Mira Murjan
 Training Like a Pro - by Cheryl Bushey
 Star Talk - by Amaya
 Posture: The Ribcage - by Piper
 Both Sides of the Tassel - by Brandy Bollin
 Nurture the Garden with Beautiful Thoughts - by Fahtiem
 Face It - The Art of Camouflage - by Meleah
 How to Wear Your Passion & Still Be in Fashion - by Stacy Oliver
 The Golden Age, Part 3 - by Habiba

Featured Instructor/Performer: Aradia
 CYMBAL DIGEST: Fall 2006 MECDA

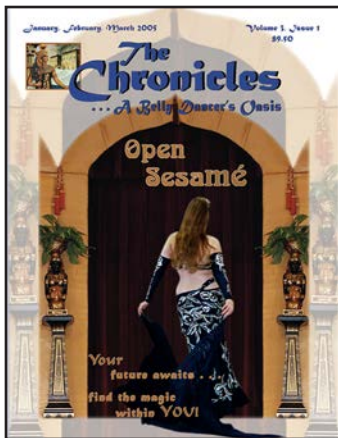
Welcome to Fabulous Las Vegas - review by Isis
X-MED 2006 - review by Tom Rehor
Arabia Exotica in Hollywood - review by Robyn Hetrick
Cleopatra's Court: A Dance Gala - review by Karen Cericola
Selena Kareena Workshop - review by Sabah

Where Do You Keep Your Pizza? Chasing Flies with Ansuya - review by Angelique Jamail
Azar's Belly Dance Workout, Level 1 - review by Kisa
Bally Dance for Fitness & Health, Level 1 with Kelli Marie - review by Z-Helene

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2005



JANUARY 2005

Where Earth and Sky Meet - by Stacy Oliver
Consequences of Assuming - by Fahtiem
If Not You, Then Who? - by Bahaia
Looking Good with Style - by Ma*Shuqa Mira Murjan
El Encuentro: The Mother of All Festivals - by Hadia
Criticism: The Cloaked Compliment - by Elizabeth Artemis Mourat
Mercie Beaucoup, Montreal! - by Amaya
The Marrakesh Folk Festival - by Morocco
Dancing Through the Pain - by Dervilia

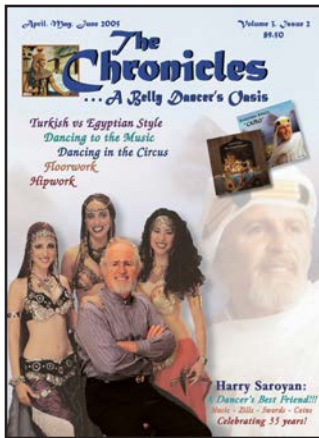
Egyptian Art on Stamps - by Raymond Schuessler
Dancers, Daughters, and Mothers: An Interview with Suhaila Salimpour (part two) - by Reneé Drellishak
The Chronicles / Superstars Competition

Featured Performers / Troupe: BellaDonna
Featured Instructor / Performer: Sonia
Cairo and Back: A Profile of Eshta - by Taaj

Habiba's Quick Start Belly Dance Video Review - by Nikki Brown
Tambra's July Seminar: Farida Fahmay - review by Shada
Tambra's July Hafla - review by Khalida

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The Goddess Sized Dancer - by Zel

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The Man Behind the Finger Cymbals - by Diane Garcia

Yaa Halla, Y'all 2004 - Pictorial

My Life in the European Circus, Part One - by Amaya

Profile of Shira - by Serqet

Dancing to the Music - by Bert Balladine

How to Measure Your Best - by Fahtiem

A Comparison of Turkish and Egyptian Style Oriental Dance - by Elizabeth Artemis Mourat

Dancer of All Dances, Master of One? - by Hadia

Ma*Shuqa's 10 Secrets to Performance Magic, Part One - by Ma*Shuqa

Happy Hips - by Michelle Morrison

Getting Down to Floorwork - by Morocco

Once an Alien, Always an Alien - by Samra

How to Lose Friends and Alienate Prospects - by Taaj

The Dancing Drum by Issam (CD Review) - by Al'Abbas

Shimmy by the Sea (Review) - by Sheryl

Shimmy at Sea (Review) - by Linda V. Craig

Meleea's Fantasy Feather Fan (DVD Review) - by Nikki Brown

Ninth Annual (2004) Wiggles of the West Contest - review by Jenee

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The Role of Leadership in Dance - by Fahtiem

A Reality Check - by Bert Balladine

How to Be the Sponsor From Hell - by Taaj

10 Secrets to Performance Magic - by Ma*Shuqa Mira Murjan

Body Make-up Basics - by Ramona

I Hate My Belly, But I Love to Belly Dance - by Celine

Ahlan Wa Sahlan 2004, Part 1 - by Catherine Barros

Brothers of the Baladi - by Serqet

My Life in the European Circus, Part 2 - by Amaya

Profile: The Magic of Mentoring - by Stacy Oliver

Profile: Regis and Belly Dancing - by Serqet

Review: Fatouma - by Leilainia Penix

Review: Visual Melodies by Hossam Ramzy - by Maria Celado

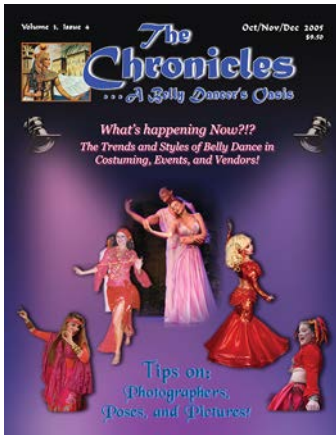
Review: Sensual Belly Dance with Aradia - by Pat Taylor

Review: Perfection in Paradise - by Corinne Doroshenko

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The Goddess Sized Dancer: Hair(y) Dilemma - by Zel
Ask Ashera: Macrame Tummy Cover - by Ashera

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October 2005

Horacio and Beata's Oriental Fantasy - "Enchanted Gardens" - by Roswitha W. Mohl
Dis-Oriented - by Bert Balladine
"Raks Asaya" Cane Dance - by Hadia
You Oughta Be in Pictures - by Amaya
The Role of Leadership in Dance, Part 2 - by Fahtiem
Please Don't Call us Gypsies! - by Elizabeth Artemis Mourat
Artful Arms and Hands - by Ma*Shuqa Mira Murjan
Summer Solstice Parade 2005: Everyone Loves a Parade! - by Candra
Dance Your Way Out of Depression - by Taaj
Ahlan Wa Sahlan 2004, Part 2 - by Catherine Barros
Beautiful Photos Made Easy - by Ramona

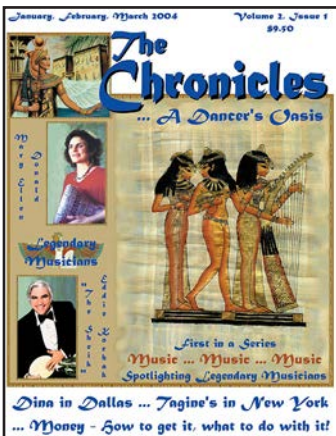
Special Centerfold Section: CYMBAL DIGEST - Autumn 2005 - MECDA

Review: Sitamun's Spring Workshop with Shakira - by Andaleeb
Review: Passion of Percussion, Vol. 2 - by Jewel
Review: Escape - by Caitlin MacDowell
Review: Hip Phylosophy - by Leyla Najma

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The Goddess Sized Dancer: Performance and Posed Photographs - by Zel

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JANUARY 2004

Recognition: The Art of Being a Winner - by Fahtiem
Why Are Oriental Dancers Getting Less? - by Morocco
How to Get Him Dancing - by Margo Abdo O'Dell
Women Dancing for Women - by Shada
About the Tabla - by David M. Brown
Thank You, Warren Buffet - by Russell D. Harper
The 6 Dimensions of Dance - by Cinnamon

Yes, Wonderful Replicas! - by Saudi Aramco
Mary Ellen Donald - by Khalida

Eddie "The Shiek" Kochak - by Mher and Movses Panossian

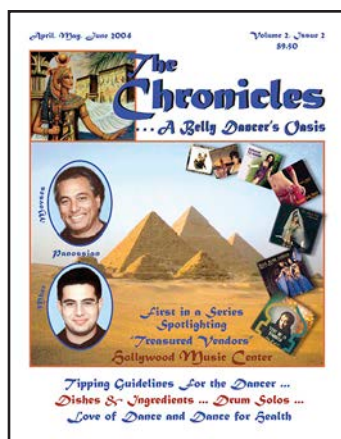
Tagine Moroccan Dining Gallery and Lounge, NYC - by Isis
Maluf Glossary - by Saudi Aramco

Techno Tabla with Tony Anka CD Review - by Jewel
Schamadan with Horacio Cifuentes Video Review - by Nikki Brown
Dina in Dallas Event Review - by Amaya
Shimmy Outside the Box - review by Shirley Roper
John Compton and Rebaba Workshop Sponsored by Tambra - review by Sabra and Tyra

IAMED 6th Annual Awards of Belly Dance - Winners
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Reyna's Reality (comic)
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Drum Solos - by Elizabeth Artemis Mourat
My Tips on Tips - by Fahtiem
Care and Injury Prevention of the Cervical Spine (Neck) - by Hadia
Dorothy and Professional Money Management - by Russell D. Harper
I Like to Move It, Move It - by Andaleeb
Dancing for Love - by Monique Monet
Don't Just Applaud, Throw Money!?! - by Morocco

Interview with Mher Panossian
Morocco by Mouthfuls (food) - by Caroline Stone

A Glossary of Dishes, Ingredients and Terms - Saudi Aramco
Give Belly Dance a Chance - by Jeanna Driver

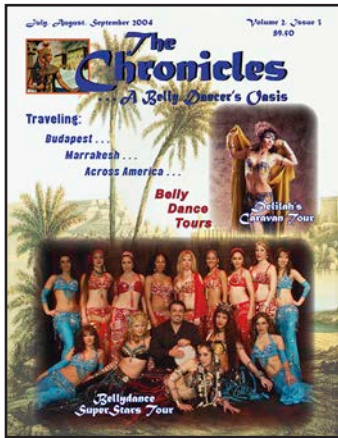
From the Horse's Mouth - by Habiba
Belly Dance Superstars Vol. II (review) - by Jewel
Youkta on the Spirit of Dance - by Eliot Jay Rosen
Spins and Turns with Marguerite (review) - by Nikki Brown

Featured Instructor and Performer - Jamileh
In Memory of Mimi Spencer - by Chronicles Staff and Mary Ellen Donald

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Reyna's Reality (comic)
The Goddess Sized Dancer - by Zel
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Dancers, Beware of Airports! - by Amaya
Is There Honor in Business? - by Fahtiem
Belly Dancing in Budapest - by Hadia
Nuance and Nemantics - by Ma*Shuqa Mira Murjan
Choreography Poem and Inertia Busters - by Elizabeth Artemis Mourat
Who's Watching? - by Jewel
Thoughts on... Warm-ups, Stretches, Isolations, etc... - by Khalida
The Marrakesh Folk Festival - Part One - by Morocco

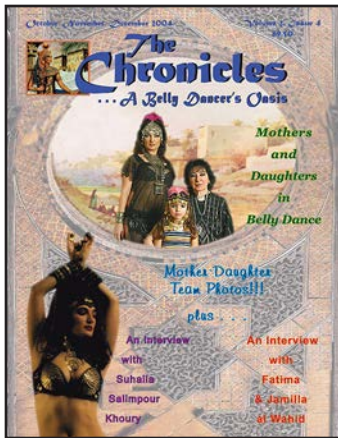
Nefertari - by John Lawton
Dondi's Diaries - by Dondi Simone Dahlin
40 Days and 40 Nights: Delilah's - East Coast Caravan Tour - by Delilah

Snake Hips (review) - by Taaj
Bahaia's Seminars (review) - by Isis
Miraj: Master of Fusion (review) - by Taaj
Dynamite and Charm: Meet Conchi - by Andaleeb
Oasis Dance Magic (review) - by Carole Cox

In Memory of Amira of Wichita, Kansas
Chronicles "Super Star" Solo Competition
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Ask Ashera (costuming tips)
The Goddess Sized Dancer - by Zel
Reyna's Reality (comic strip)
Let's Keep in Touch: My Own Dance Down the Spiritual Road to Bali and Belly Dance -
by Hannah El Shaumbra Greener
Ask Senet (advice for life)

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A Thank You Note to Harry Saroyan - by Sabra
 Do You Honor Yourself? - by Fahtiem
 But I Only Teach Beginners! - by Hadia
 Coaching for Developing Style - by Ma*Shuqa Murjan
 Fancying Finger Cymbals - by Margo Abdo O'Dell
 The Art of Takseem - by Elizabeth Artemis Mourat
 Strength Training - by Sidonya
 The Marrakesh Folk Festival - Part Two - by Morocco
 The Dancer's Emergency Kit - by Feylahn
 On Competitions - by Sa'diyya
 Dancers, Beware of Airports! - Part Two - by Amaya

Dancers, Daughters & Mothers - by Renée Drellishak
 Mother - Daughter Teams
 Mother and Daughter, Vendors & Dancers - by Chronicles Staff

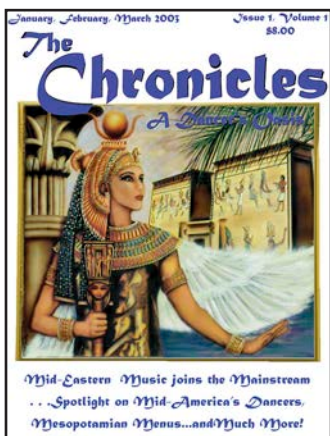
Amaya's Shake & Bake (Event Review) - by Celine
 Nadia Gamal - The Legend (DVD Review) - by Nikki Brown

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2003



JANUARY 2003

The Timeless Dancer - by Amaya
 Live, Dance, Celebrate - by Margo Abdo O'Dell
 Preventing Injury in Middle Eastern Dance: The Lumbar Spine - by Hadia
 The Fear Factor - by Bert Balladine
 The Value of Recitals - by Fahtiem
 The Time Has Come - by Harry Saroyan
 Get it in Writing - by Jasmin Jahal
 "Belly Dancing" and Childbirth - by Morocco
 Addicted to Dance (Biography) - by Karen Barbee

Suhaila (Biography)
Reyna's Reality (Biography and comic)
Mesopotamian Menus - by John Lawton
Drumming - by Jamal

Dare to Dream (Review) - by Jalana
Wash Ya Wash Vol. 3 (CD Review) - by Jewel
Tambra's Mahmoud Reda Workshop (Review) - by Karina
Yaa Halla Y'all 2002 (Review) - by Julie Adoranti

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Ask Ashera (costuming tips)
Just One More Reason: The Orthopedic - Advantages of Belly Dance - by Rachael
Let's Keep in Touch - by Hannah Greener
The Essence of Feng Shui - by Laurel
The Goddess-Sized Dancer - by Zel
Ask Senet (advice for life)

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Improve Your Belly Rolls - by Jasmin Jahal
The Value of Recitals - Part Two - by Fahtiem
Avoiding Injury in Middle Eastern Dance - by Hadia
Road Ramblings - by Amaya
Marios Hedary and Byblos Lebanese Restaurant
Subtlety in Belly Dance Performances - by Marjan
Major Themes in Satin Rouge - by Habiba
A Musical Journey to Indonesia - by Jamal Mohamed

Marvelous Morocco - by Gloria J. Hanchette
Interview with Bert Balladine - by Jewel
Mata Hari - by Monique Monet
Listening to the Arab World Online - by L.A. Heberlein

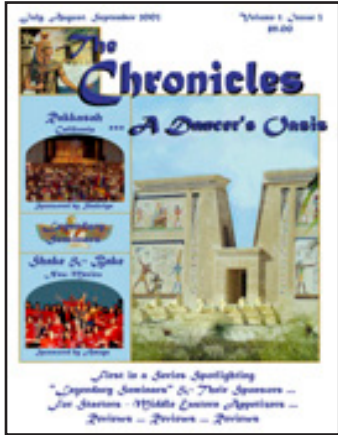
Rocking the Casbah (Event Review) - by Chris Jacobs
Arabic Mix 2002 (CD Review) - by Tariba
Raquia Hassan Workshop Sponsored by Joharah(Review) - by Sabra
Suhaila: Unveiled (Video Review) - by Jewel

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The Therapists' Debate: Heat of Ice? - by Rachael
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July 2003

The Language of Dance - by Karen Barbee Adkisson
Shoulder Shimmy Shakedown - by Jasmin Jahal
Middle Eastern Dance: Harem Girl vs Folklore - by K.J. Mushung
Play My Motivation - by Fahtiem
A Beginner's Guide to Middle Eastern Music - by Jewel
Chronicles of the Great Mother - by Delilah
Purchasing Bras for Costuming - by Ma*Shuqa Mira Murjan
Subtlety in Belly Dance Performance - Part Two - by Marjan

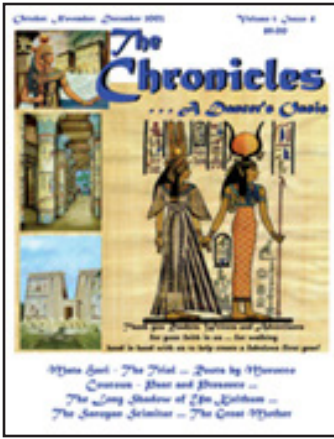
Rakassah Seminar - by Isis
Shake and Bake - by Julie Adoranti / Amaya
For Starters - Middle Eastern Hors D'oeuvres
The Mystery of the Dancer: Mata Hari - Part Two - by Monique Monet
Tassos Greek Restaurant - by Isis

Z-Helene's Zils! (Video Review) - by Jewel
Monique Monet's Revolutionary Dance (Video Review) - by Taaj
Oriental Fantasy Vol. 6 (CD Review) - by Sa'diyya
Aisha Ali Video Reviews - by Nikki Brown
Mary Ellen Donald (CD Review) - by Jewel

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What is a Step? - by Fahtiem

Roots - by Morocco

Crafting of the Saroyan Scimitar - by Chris Barta

Plucking the Petals of the Lotus - by Jasmin Jahal

Chronicles of the Great Mother - by Delilah

Mata Hari - Part Three - by Monique Monet

Radio Bastet - by Khalida

Couscous: Past and Presence - by Kitty Morse

Al Amir Restaurant, Portland - by Isis

The Long Shadow of Um Kulthum - Saudi Aramco

Mary Ellen Donald and Mimi Spencer - by Sa'diyya

Tribal Bible (Review) - by Taaj

2003 International Festival of Cultures - by Lady Saudia

Courage, Challenge, Competition - by Sa'diyya

Hossam Ramzy and Mohsen Allam's El Amar (CD Review) - by Nikki Brown

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